



Detailed evaluation

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Club: (ohne Verein)

Total time: 1:10:20

Running performance: 8:55 min/km

Course: 7.88 km / 16 Controls

Category:

Herren 35-

Rank in category: 4(of 7)

Best time in the category: 1:01:48

Behind: 8:32

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	6:03	3	0:36	11.0	6:03	3	0:36	11.0
2 (119)	2:25	4	0:27	22.9	8:28	5	0:18	3.7
3 (120)	4:20	7	1:12	38.3	12:48	5	1:17	11.1
4 (123)	5:36	4	1:39	41.8	18:24	5	2:52	18.5
5 (122)	1:59	1	-	-	20:23	4	2:14	12.3
6 (126)	2:15	6	0:39	40.6	22:38	5	2:53	14.6
7 (127)	5:13	4	0:41	15.1	27:51	4	3:15	13.2
8 (139)	5:31	2	0:01	0.3	33:22	3	0:59	3.0
9 (137)	5:07	4	0:52	20.4	38:29	3	1:51	5.1
10 (128)	7:56	3	1:02	15.0	46:25	4	2:53	6.6
11 (123)	4:46	4	0:51	21.7	51:11	4	3:44	7.9
12 (124)	3:13	4	0:57	41.9	54:24	4	4:41	9.4
13 (135)	1:40	2	0:14	16.3	56:04	4	4:55	9.6
14 (106)	4:27	3	0:59	28.4	1:00:31	4	5:54	10.8
15 (118)	7:40	7	2:40	53.3	1:08:11	4	8:34	14.4
16 (100)	1:46	1	-	-	1:09:57	4	8:30	13.8
Finish	0:23	3	0:04	21.1	1:10:20	4	8:32	13.8