



Detailed evaluation

Niemann, Gerrit

Club: OLV Steinberg

Total time: 1:16:18

Running performance: 9:40 min/km

Course: 7.88 km / 16 Controls

Category:

Herren 35-

Rank in category: 6(of 7)

Best time in the category: 1:01:48

Behind: 14:30

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	6:59	7	1:32	28.1	6:59	7	1:32	28.1
2 (119)	2:16	3	0:18	15.3	9:15	6	1:05	13.3
3 (120)	3:58	5	0:50	26.6	13:13	6	1:42	14.8
4 (123)	5:38	6	1:41	42.6	18:51	6	3:19	21.4
5 (122)	2:30	5	0:31	26.1	21:21	6	3:12	17.6
6 (126)	2:02	4	0:26	27.1	23:23	6	3:38	18.4
7 (127)	6:17	6	1:45	38.6	29:40	6	5:04	20.6
8 (139)	7:07	4	1:37	29.4	36:47	6	4:24	13.6
9 (137)	5:34	6	1:19	31.0	42:21	6	5:43	15.6
10 (128)	9:07	5	2:13	32.1	51:28	6	7:56	18.2
11 (123)	4:55	5	1:00	25.5	56:23	6	8:56	18.8
12 (124)	3:14	5	0:58	42.7	59:37	6	9:54	19.9
13 (135)	2:08	5	0:42	48.8	1:01:45	6	10:36	20.7
14 (106)	5:08	6	1:40	48.1	1:06:53	6	12:16	22.5
15 (118)	6:42	5	1:42	34.0	1:13:35	6	13:58	23.4
16 (100)	2:16	5	0:30	28.3	1:15:51	6	14:24	23.4
Finish	0:27	4	0:08	42.1	1:16:18	6	14:30	23.5