



Detailed evaluation

Haenelt, Stephan

Club: SV IHW Alex 78 Berlin

Total time: 1:25:59

Running performance: 10:54 min/km

Course: 7.88 km / 16 Controls

Category:

Herren 35-

Rank in category: 7(of 7)

Best time in the category: 1:01:48

Behind: 24:11

Intermediate times

Controls	Split Time	Pos Cat.	Behind Cat.	Behind %	Total Time	Pos Cat.	Behind Cat.	Behind %
1 (138)	6:51	6	1:24	25.7	6:51	6	1:24	25.7
2 (119)	5:16	7	3:18	167.8	12:07	7	3:57	48.4
3 (120)	4:01	6	0:53	28.2	16:08	7	4:37	40.1
4 (123)	5:40	7	1:43	43.5	21:48	7	6:16	40.3
5 (122)	2:25	4	0:26	21.9	24:13	7	6:04	33.4
6 (126)	2:14	5	0:38	39.6	26:27	7	6:42	33.9
7 (127)	6:33	7	2:01	44.5	33:00	7	8:24	34.2
8 (139)	7:21	5	1:51	33.6	40:21	7	7:58	24.6
9 (137)	6:36	7	2:21	55.3	46:57	7	10:19	28.2
10 (128)	10:27	7	3:33	51.5	57:24	7	13:52	31.9
11 (123)	5:50	6	1:55	48.9	1:03:14	7	15:47	33.3
12 (124)	3:44	6	1:28	64.7	1:06:58	7	17:15	34.7
13 (135)	2:21	7	0:55	64.0	1:09:19	7	18:10	35.5
14 (106)	6:19	7	2:51	82.2	1:15:38	7	21:01	38.5
15 (118)	7:17	6	2:17	45.7	1:22:55	7	23:18	39.1
16 (100)	2:35	7	0:49	46.2	1:25:30	7	24:03	39.1
Finish	0:29	6	0:10	52.6	1:25:59	7	24:11	39.1