



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

Rikirsch, Roland

Club: SV Blau Weiß 90 Creuzburg
Number: 606

Course: 11.30 km
Langdistanz

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:05:15

Speed: 10.11 km/h
Running performance: 5:46 min/km

Rank in course/Total: 72 (of 81)

Rank in course/Men: 57 (of 60)

Best time in course: 37:19

Rank in category: 2(of 3)

Best time in the category: 1:04:53