



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

Dembeck, Katja

Club: Bad Langensalza
Number: 624

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:09:04

Speed: 9.56 km/h
Running performance: 6:07 min/km

Rank in course/Total: 76 (of 81)
Rank in course/Women: 18 (of 21)
Best time in course: 46:37

Rank in category: 3(of 3)
Best time in the category: 46:37