



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

HENNIG, Bernhard

Club: Zack- Zack Runners Eisenach
Number: 396

Course: 5.50 km
Kurzdistanz

Category:
Senioren M65 (65-69 Jahre)

Total time: 30:04

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 28 (of 49)

Rank in course/Men: 23 (of 31)

Best time in course: 19:13

Rank in category: 1(of 1)

Best time in the category: 30:04