



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

Ludewig, Heiko

Club: LTV Erfurt

Number: 607

Course: 11.30 km

Langdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 38:59

Speed: 17.39 km/h

Running performance: 3:27 min/km

Rank in course/Total: 4 (of 81)

Rank in course/Men: 4 (of 60)

Best time in course: 37:19

Rank in category: 1(of 14)

Best time in the category: 38:59