



1.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 29.01.2017

Detailed evaluation

MICHL, Rene

Club: Bad Salzungen  
Number: 588

Course: 11.30 km  
Langdistanz

Category:  
Senioren M40 (40-44 Jahre)

Total time: 45:06

Speed: 14.63 km/h  
Running performance: 3:59 min/km

Rank in course/Total: 11 (of 81)

Rank in course/Men: 11 (of 60)

Best time in course: 37:19

Rank in category: 6(of 14)

Best time in the category: 38:59