



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

LÄMMERHIRT, Dennis

Club: 1. Eichsfelder Sportclub
Number: 580

Course: 11.30 km
Langdistanz

Category:
Senioren M35 (35-39 Jahre)

Total time: 45:14

Speed: 14.99 km/h
Running performance: 4:00 min/km

Rank in course/Total: 12 (of 81)

Rank in course/Men: 12 (of 60)

Best time in course: 37:19

Rank in category: 1(of 5)

Best time in the category: 45:14