



1.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 29.01.2017

Detailed evaluation

Rosenbaum, Ralf

Club: Sättelstädt
Number: 636

Course: 11.30 km
Langdistanz

Category:
Senioren M45 (45-49 Jahre)

Total time: 49:13

Speed: 13.78 km/h
Running performance: 4:22 min/km

Rank in course/Total: 23 (of 81)

Rank in course/Men: 22 (of 60)

Best time in course: 37:19

Rank in category: 4(of 16)

Best time in the category: 43:14