



1.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 29.01.2017

Detailed evaluation

**LUHN, Thoralf**

Club: Laufgruppe Treffurt  
Number: 582

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 49:21

Speed: 13.74 km/h  
Running performance: 4:22 min/km

Rank in course/Total: 24 (of 81)

Rank in course/Men: 23 (of 60)

Best time in course: 37:19

Rank in category: 5(of 16)

Best time in the category: 43:14