



1.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 29.01.2017

Detailed evaluation

Heinzeroth, Jörg

Club: Klausberg  
Number: 635

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 50:07

Speed: 13.17 km/h  
Running performance: 4:26 min/km

Rank in course/Total: 27 (of 81)

Rank in course/Men: 25 (of 60)

Best time in course: 37:19

Rank in category: 6(of 16)

Best time in the category: 43:14