



2.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 19.02.2017

Detailed evaluation

Lorenz, Frank

Club: Sole Runners Bad Salzungen  
Number: 586

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 55:03

Speed: 11.99 km/h  
Running performance: 4:52 min/km

Rank in course/Total: 39 (of 72)

Rank in course/Men: 36 (of 59)

Best time in course: 36:37

Rank in category: 8(of 16)

Best time in the category: 42:21