



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Göking, Thomas

Club: Wartbrug-Sparkasse
Number: 781

Course: 11.30 km
Langdistanz

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:03:00

Speed: 10.48 km/h
Running performance: 5:35 min/km

Rank in course/Total: 61 (of 71)

Rank in course/Men: 53 (of 59)

Best time in course: 36:56

Rank in category: 11(of 12)

Best time in the category: 37:10