



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Dembeck, Katja

Club: Bad Langensalza
Number: 778

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:05:01

Speed: 10.43 km/h
Running performance: 5:45 min/km

Rank in course/Total: 63 (of 71)
Rank in course/Women: 10 (of 12)
Best time in course: 47:58

Rank in category: 2(of 2)
Best time in the category: 56:31