



3.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 26.03.2017

Detailed evaluation

Matthes, Jan

Club: Lauffreud Breitungeu  
Number: 790

Course: 11.30 km  
Langdistanz

Category:  
Senioren M55 (55-59 Jahre)

Total time: 1:08:50

Speed: 9.59 km/h  
Running performance: 6:05 min/km

Rank in course/Total: 64 (of 71)

Rank in course/Men: 54 (of 59)

Best time in course: 36:56

Rank in category: 4(of 4)

Best time in the category: 52:24