



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Prüger, Ralf

Club: SG Bickenriede
Number: 20

Course: 5.50 km
Kurzdistanz

Category:
Senioren M50 (50-54 Jahre)

Total time: 27:36

Speed: 10.87 km/h
Running performance: 5:01 min/km

Rank in course/Total: 19 (of 41)

Rank in course/Men: 15 (of 26)

Best time in course: 20:22

Rank in category: 2(of 2)

Best time in the category: 21:02