



3.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 26.03.2017

Detailed evaluation

Quasniczka, Kerstin

Club: BSG Wartburg-Sparkasse  
Number: 16

Course: 5.50 km  
Kurzdistanz

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 29:48

Speed: 10.07 km/h  
Running performance: 5:25 min/km

Rank in course/Total: 24 (of 41)  
Rank in course/Women: 7 (of 15)  
Best time in course: 25:47

Rank in category: 1(of 1)  
Best time in the category: 29:48