



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Görlach, Folker

Club: Hainichläufer

Number: 19

Course: 5.50 km

Kurzdistanz

Category:

Senioren M75 (75 bis 79)

Total time: 30:08

Speed: 10.95 km/h

Running performance: 5:29 min/km

Rank in course/Total: 27 (of 41)

Rank in course/Men: 19 (of 26)

Best time in course: 20:22

Rank in category: 1(of 2)

Best time in the category: 30:08