



3.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 26.03.2017

Detailed evaluation

Siemon, Thomas

Club: Blau-Weiss-Creuzburg  
Number: 4

Course: 5.50 km  
Kurzdistanz

Category:  
Senioren M50 (50-54 Jahre)

Total time: 21:02

Speed: 14.26 km/h  
Running performance: 3:49 min/km

Rank in course/Total: 4 (of 41)

Rank in course/Men: 4 (of 26)

Best time in course: 20:22

Rank in category: 1(of 2)

Best time in the category: 21:02