



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Köhler, Rico

Club: Eisenacher LV

Number: 148

Course: 5.50 km

Kurzdistanz

Category:

Senioren M40 (40-44 Jahre)

Total time: 35:43

Speed: 8.40 km/h

Running performance: 6:29 min/km

Rank in course/Total: 38 (of 41)

Rank in course/Men: 25 (of 26)

Best time in course: 20:22

Rank in category: 5(of 5)

Best time in the category: 20:54