



3.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 26.03.2017

Detailed evaluation

**STEGMANN, Thomas**

Club: LT Altensteiner Park  
Number: 736

Course: 11.30 km  
Langdistanz

Category:  
Senioren M45 (45-49 Jahre)

Total time: 56:05

Speed: 12.09 km/h  
Running performance: 4:58 min/km

Rank in course/Total: 45 (of 71)

Rank in course/Men: 40 (of 59)

Best time in course: 36:56

Rank in category: 7(of 11)

Best time in the category: 44:09