



3.Lauf - Winterlaufserie 2017 des Eisenacher LV
Creuzburg / 26.03.2017

Detailed evaluation

Ernst, Beate

Club: Triathlon Friedrichroda
Number: 775

Course: 11.30 km
Langdistanz

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 56:09

Speed: 11.75 km/h
Running performance: 4:58 min/km

Rank in course/Total: 46 (of 71)
Rank in course/Women: 6 (of 12)
Best time in course: 47:58

Rank in category: 2(of 5)
Best time in the category: 53:40