



3.Lauf - Winterlaufserie 2017 des Eisenacher LV  
Creuzburg / 26.03.2017

Detailed evaluation

**Vogt, Sebastian**

Club: Sole Runners Bad Salzungen  
Number: 756

Course: 11.30 km  
Langdistanz

Category:  
Senioren M30 (30-34 Jahre)

Total time: 59:45

Speed: 11.05 km/h  
Running performance: 5:17 min/km

Rank in course/Total: 57 (of 71)

Rank in course/Men: 49 (of 59)

Best time in course: 36:56

Rank in category: 6(of 6)

Best time in the category: 36:56