



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Knefel, Günter

Club: Füchse Berlin

Number: 389

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M65 (65-69 Jahre)

Total time: 22:13:06

Speed: 7.25 km/h

Running performance: 8:14 min/km

Rank in course/Total: 106 (of 397)

Rank in course/Men: 91 (of 313)

Best time in course: 13:17:41

Rank in category: 2(of 10)

Best time in the category: 20:42:49

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Checkpoint | 8.60 | 59:33 | 6:55 | 2 | 1:42 | 150 | 15:25 | 8.60 | 59:33 | 6:55 | 2 | 1:42 | 150 | 15:25 |
| VP2 - East Side G | 4.80 | 29:47 | 6:12 | 1 | - | 123 | 8:44 | 13.40 | 1:29:20 | 6:40 | 1 | - | 140 | 24:06 |
| VP3 - Dammweg | 5.80 | 39:04 | 6:44 | 1 | - | 123 | 9:52 | 19.20 | 2:08:24 | 6:41 | 1 | - | 124 | 33:33 |
| VP4 - Johannisth | 5.70 | 37:15 | 6:32 | 2 | 1:41 | 140 | 12:43 | 24.90 | 2:45:39 | 6:39 | 1 | - | 123 | 45:57 |
| VP5 - Imbiß "Am | 9.50 | 1:03:54 | 6:43 | 3 | 3:14 | 130 | 22:22 | 34.40 | 3:49:33 | 6:40 | 1 | - | 127 | 1:08:16 |
| VP6 - Buckow | 4.50 | 32:38 | 7:15 | 3 | 1:41 | 133 | 12:02 | 38.90 | 4:22:11 | 6:44 | 1 | - | 128 | 1:20:18 |
| Control | 7.60 | 53:04 | 6:58 | 1 | - | 124 | 19:02 | 46.50 | 5:15:15 | 6:46 | 1 | - | 124 | 1:39:20 |
| VP8 - Osdorfer St | 6.30 | 44:39 | 7:05 | 2 | 1:48 | 120 | 17:13 | 52.80 | 5:59:54 | 6:48 | 2 | 1:17 | 122 | 1:56:33 |
| VP9 - Sportplatz | 6.50 | 51:42 | 7:57 | 2 | 5:47 | 108 | 30:15 | 59.30 | 6:51:36 | 6:56 | 2 | 7:04 | 110 | 2:16:45 |
| VP10 - Königswe | 6.20 | 45:10 | 7:17 | 1 | - | 98 | 15:45 | 65.50 | 7:36:46 | 6:58 | 2 | 6:22 | 103 | 2:32:30 |
| VP11 - Gedenkst | 6.80 | 1:00:21 | 8:52 | 3 | 11:19 | 216 | 36:02 | 72.30 | 8:37:07 | 7:09 | 2 | 17:41 | 116 | 2:58:45 |
| VP12 - Brauhaus | 6.90 | 52:51 | 7:39 | 2 | 0:16 | 88 | 19:44 | 79.20 | 9:29:58 | 7:11 | 2 | 17:11 | 112 | 3:18:29 |
| VP13 - Revierförs | 5.70 | 48:11 | 8:27 | 3 | 6:17 | 137 | 18:08 | 84.90 | 10:18:09 | 7:16 | 2 | 23:28 | 112 | 3:36:37 |
| VP14 - Schloss S | 6.30 | 53:18 | 8:27 | 3 | 3:02 | 75 | 21:51 | 91.20 | 11:11:27 | 7:21 | 2 | 26:30 | 101 | 3:58:28 |
| VP15 - Pagel & Fi | 7.60 | 1:04:21 | 8:28 | 4 | 9:23 | 155 | 26:39 | 98.80 | 12:15:48 | 7:26 | 2 | 35:53 | 103 | 4:25:07 |
| VP16 - Karolinenl | 4.90 | 44:03 | 8:59 | 2 | 3:09 | 95 | 18:28 | 103.70 | 12:59:51 | 7:31 | 2 | 39:02 | 97 | 4:43:35 |
| VP17 - Falkensee | 6.50 | 56:33 | 8:41 | 2 | 4:43 | 126 | 24:02 | 110.20 | 13:56:24 | 7:35 | 2 | 43:45 | 99 | 5:07:37 |
| VP18 - Schönwal | 5.80 | 51:33 | 8:53 | 2 | 5:07 | 113 | 22:28 | 116.00 | 14:47:57 | 7:39 | 2 | 48:52 | 100 | 5:30:05 |
| VP19 - Grenzturn | 7.30 | 1:11:27 | 9:47 | 3 | 5:55 | 139 | 43:21 | 123.30 | 15:59:24 | 7:46 | 2 | 51:44 | 101 | 6:02:45 |
| VP20 - Rudercluk | 4.80 | 42:44 | 8:54 | 2 | 1:47 | 79 | 18:24 | 128.10 | 16:42:08 | 7:49 | 2 | 51:27 | 97 | 6:21:09 |
| VP21 - Frohnau | 4.10 | 44:58 | 10:58 | 3 | 4:13 | 112 | 22:19 | 132.20 | 17:27:06 | 7:55 | 2 | 54:18 | 96 | 6:43:28 |
| VP22 - Naturschu | 6.40 | 58:23 | 9:07 | 2 | 3:05 | 113 | 25:11 | 138.60 | 18:25:29 | 7:58 | 2 | 57:23 | 93 | 7:08:39 |
| VP23 - Oranienbu | 4.50 | 50:08 | 11:08 | 4 | 12:52 | 173 | 25:11 | 143.10 | 19:15:37 | 8:04 | 2 | 1:10:15 | 96 | 7:33:50 |
| VP24 - Laufftreff l | 5.30 | 55:55 | 10:33 | 4 | 7:36 | 166 | 27:41 | 148.40 | 20:11:32 | 8:09 | 2 | 1:17:51 | 96 | 8:01:31 |
| VP25 - Wilhelmsr | 5.70 | 54:42 | 9:35 | 3 | 7:11 | 111 | 24:41 | 154.10 | 21:06:14 | 8:13 | 2 | 1:25:02 | 94 | 8:26:12 |
| VP26 - Wollankst | 3.10 | 33:50 | 10:54 | 5 | 6:29 | 149 | 16:43 | 157.20 | 21:40:04 | 8:16 | 2 | 1:29:07 | 95 | 8:42:55 |
| Friedrich-Ludwig | 4.20 | 33:02 | 7:51 | 2 | 1:10 | 110 | 13:16 | 161.90 | 22:13:06 | 8:14 | 2 | 1:30:17 | 92 | 8:55:25 |