



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Lakmann, Uwe

Club: Weyher Laufftreff

Number: 77

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 22:16:58

Speed: 7.23 km/h

Running performance: 8:16 min/km

Rank in course/Total: 110 (of 397)

Rank in course/Men: 94 (of 313)

Best time in course: 13:17:41

Rank in category: 25(of 75)

Best time in the category: 14:30:53

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|---------------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Checkpoint | 8.60 | 1:04:52 | 7:32 | 50 | 20:43 | 216 | 20:44 | 8.60 | 1:04:52 | 7:32 | 50 | 20:43 | 216 | 20:44 |
| VP2 - East Side G | 4.80 | 33:25 | 6:57 | 60 | 12:22 | 242 | 12:22 | 13.40 | 1:38:17 | 7:20 | 52 | 33:03 | 222 | 33:03 |
| VP3 - Dammweg | 5.80 | 43:51 | 7:33 | 58 | 14:21 | 231 | 14:39 | 19.20 | 2:22:08 | 7:24 | 54 | 47:14 | 225 | 47:17 |
| VP4 - Johannisth | 5.70 | 41:14 | 7:14 | 60 | 16:26 | 229 | 16:42 | 24.90 | 3:03:22 | 7:21 | 55 | 1:03:40 | 226 | 1:03:40 |
| VP5 - Imbiß "Am | 9.50 | 1:08:32 | 7:12 | 49 | 26:11 | 190 | 27:00 | 34.40 | 4:11:54 | 7:19 | 53 | 1:29:51 | 221 | 1:30:37 |
| VP6 - Buckow | 4.50 | 38:17 | 8:30 | 65 | 17:02 | 251 | 17:41 | 38.90 | 4:50:11 | 7:27 | 56 | 1:46:53 | 227 | 1:48:18 |
| Control | 7.60 | 57:29 | 7:33 | 51 | 21:01 | 190 | 23:27 | 46.50 | 5:47:40 | 7:28 | 55 | 2:07:29 | 216 | 2:11:45 |
| VP8 - Osdorfer St | 6.30 | 49:03 | 7:47 | 51 | 18:48 | 192 | 21:37 | 52.80 | 6:36:43 | 7:30 | 55 | 2:26:17 | 214 | 2:33:22 |
| VP9 - Sportplatz | 6.50 | 1:03:01 | 9:41 | 57 | 31:36 | 214 | 41:34 | 59.30 | 7:39:44 | 7:45 | 53 | 2:57:53 | 211 | 3:04:53 |
| VP10 - Königswe | 6.20 | 45:32 | 7:20 | 29 | 14:19 | 103 | 16:07 | 65.50 | 8:25:16 | 7:42 | 52 | 3:12:12 | 200 | 3:21:00 |
| VP11 - Gedenkst | 6.80 | 55:10 | 8:06 | 35 | 20:17 | 148 | 30:51 | 72.30 | 9:20:26 | 7:45 | 50 | 3:31:28 | 196 | 3:42:04 |
| VP12 - Brauhaus | 6.90 | 54:01 | 7:49 | 30 | 18:19 | 111 | 20:54 | 79.20 | 10:14:27 | 7:45 | 48 | 3:49:47 | 188 | 4:02:58 |
| VP13 - Revierförs | 5.70 | 46:43 | 8:11 | 33 | 16:06 | 114 | 16:40 | 84.90 | 11:01:10 | 7:47 | 47 | 4:05:53 | 184 | 4:19:38 |
| VP14 - Schloss S | 6.30 | 59:24 | 9:25 | 32 | 26:00 | 122 | 27:57 | 91.20 | 12:00:34 | 7:54 | 45 | 4:31:33 | 166 | 4:47:35 |
| VP15 - Pagel & Fi | 7.60 | 1:00:17 | 7:55 | 29 | 20:30 | 104 | 22:35 | 98.80 | 13:00:51 | 7:54 | 41 | 4:48:59 | 153 | 5:10:10 |
| VP16 - Karolinenl | 4.90 | 49:40 | 10:08 | 51 | 22:33 | 176 | 24:05 | 103.70 | 13:50:31 | 8:00 | 43 | 5:11:32 | 150 | 5:34:15 |
| VP17 - Falkensee | 6.50 | 55:54 | 8:35 | 34 | 18:10 | 117 | 23:23 | 110.20 | 14:46:25 | 8:02 | 42 | 5:25:38 | 150 | 5:57:38 |
| VP18 - Schönwal | 5.80 | 50:34 | 8:43 | 32 | 18:03 | 105 | 21:29 | 116.00 | 15:36:59 | 8:04 | 40 | 5:43:38 | 145 | 6:19:07 |
| VP19 - Grenzturn | 7.30 | 1:04:03 | 8:46 | 22 | 20:54 | 74 | 35:57 | 123.30 | 16:41:02 | 8:07 | 36 | 6:03:24 | 133 | 6:44:23 |
| VP20 - Rudercluk | 4.80 | 41:34 | 8:39 | 23 | 13:56 | 68 | 17:14 | 128.10 | 17:22:36 | 8:08 | 35 | 6:17:20 | 125 | 7:01:37 |
| VP21 - Frohnau | 4.10 | 52:44 | 12:51 | 44 | 28:46 | 171 | 30:05 | 132.20 | 18:15:20 | 8:17 | 34 | 6:46:06 | 130 | 7:31:42 |
| VP22 - Naturschu | 6.40 | 50:26 | 7:52 | 16 | 12:57 | 44 | 17:14 | 138.60 | 19:05:46 | 8:16 | 32 | 6:55:01 | 123 | 7:48:56 |
| VP23 - Oranienbu | 4.50 | 36:41 | 8:09 | 12 | 9:35 | 36 | 11:44 | 143.10 | 19:42:27 | 8:15 | 29 | 7:03:43 | 112 | 8:00:40 |
| VP24 - Laufftreff l | 5.30 | 45:37 | 8:36 | 15 | 14:20 | 48 | 17:23 | 148.40 | 20:28:04 | 8:16 | 29 | 7:18:03 | 107 | 8:18:03 |
| VP25 - Wilhelmsr | 5.70 | 47:13 | 8:17 | 14 | 14:05 | 49 | 17:12 | 154.10 | 21:15:17 | 8:16 | 26 | 7:31:26 | 97 | 8:35:15 |
| VP26 - Wollankst | 3.10 | 27:56 | 9:00 | 19 | 9:56 | 60 | 10:49 | 157.20 | 21:43:13 | 8:17 | 26 | 7:41:22 | 96 | 8:46:04 |
| Friedrich-Ludwig | 4.20 | 33:45 | 8:02 | 28 | 12:08 | 120 | 13:59 | 161.90 | 22:16:58 | 8:15 | 26 | 7:51:34 | 95 | 8:59:17 |