



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Struzak, Bernd

Club: berlin-runner.de

Number: 48

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M75 (75 und älter)

Total time: 22:39:51

Speed: 7.10 km/h

Running performance: 8:24 min/km

Rank in course/Total: 124 (of 397)

Rank in course/Men: 109 (of 313)

Best time in course: 13:17:41

Rank in category: 1(of 2)

Best time in the category: 22:39:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	1:01:45	7:10	1	-	181	17:37	8.60	1:01:45	7:10	1	-	181	17:37
VP2 - East Side G	4.80	31:06	6:28	1	-	188	10:03	13.40	1:32:51	6:55	1	-	182	27:37
VP3 - Dammweg	5.80	42:32	7:19	1	-	198	13:20	19.20	2:15:23	7:03	1	-	192	40:32
VP4 - Johannisth	5.70	41:42	7:18	1	-	237	17:10	24.90	2:57:05	7:06	1	-	201	57:23
VP5 - Imbiß "Am	9.50	1:09:04	7:16	1	-	199	27:32	34.40	4:06:09	7:09	1	-	199	1:24:52
VP6 - Buckow	4.50	36:24	8:05	1	-	215	15:48	38.90	4:42:33	7:15	1	-	202	1:40:40
Control	7.60	58:43	7:43	1	-	207	24:41	46.50	5:41:16	7:20	1	-	201	2:05:21
VP8 - Osdorfer St	6.30	45:16	7:11	1	-	130	17:50	52.80	6:26:32	7:19	1	-	194	2:23:11
VP9 - Sportplatz	6.50	54:26	8:22	1	-	136	32:59	59.30	7:20:58	7:26	1	-	185	2:46:07
VP10 - Königswe	6.20	49:17	7:56	1	-	159	19:52	65.50	8:10:15	7:29	1	-	180	3:05:59
VP11 - Gedenkst	6.80	56:21	8:17	1	-	163	32:02	72.30	9:06:36	7:33	1	-	177	3:28:14
VP12 - Brauhaus	6.90	56:29	8:11	1	-	144	23:22	79.20	10:03:05	7:36	1	-	172	3:51:36
VP13 - Revierförs	5.70	57:39	10:06	1	-	251	27:36	84.90	11:00:44	7:46	1	-	182	4:19:12
VP14 - Schloss S	6.30	58:54	9:20	1	-	119	27:27	91.20	11:59:38	7:53	1	-	162	4:46:39
VP15 - Pagel & Fi	7.60	1:06:36	8:45	1	-	181	28:54	98.80	13:06:14	7:57	1	-	161	5:15:33
VP16 - Karolinenl	4.90	53:19	10:52	1	-	209	27:44	103.70	13:59:33	8:05	1	-	172	5:43:17
VP17 - Falkensee	6.50	56:25	8:40	1	-	123	23:54	110.20	14:55:58	8:07	1	-	167	6:07:11
VP18 - Schönwal	5.80	46:14	7:58	1	-	60	17:09	116.00	15:42:12	8:07	1	-	154	6:24:20
VP19 - Grenzturn	7.30	1:03:16	8:39	1	-	68	35:10	123.30	16:45:28	8:09	1	-	144	6:48:49
VP20 - Rudercluk	4.80	53:52	11:13	1	-	202	29:32	128.10	17:39:20	8:16	1	-	145	7:18:21
VP21 - Frohnau	4.10	47:28	11:34	1	-	127	24:49	132.20	18:26:48	8:22	1	-	141	7:43:10
VP22 - Naturschu	6.40	53:10	8:18	1	-	63	19:58	138.60	19:19:58	8:22	1	-	133	8:03:08
VP23 - Oranienbu	4.50	47:57	10:39	1	-	142	23:00	143.10	20:07:55	8:26	1	-	136	8:26:08
VP24 - Laufftreff l	5.30	42:16	7:58	1	-	29	14:02	148.40	20:50:11	8:25	1	-	125	8:40:10
VP25 - Wilhelmsr	5.70	53:41	9:25	1	-	98	23:40	154.10	21:43:52	8:27	1	-	123	9:03:50
VP26 - Wollankst	3.10	29:53	9:38	1	-	88	12:46	157.20	22:13:45	8:29	1	-	119	9:16:36
Friedrich-Ludwig	4.20	26:06	6:12	1	-	21	6:20	161.90	22:39:51	8:23	1	-	110	9:22:10