



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

Vikkelsø, Lars Ryberg

Club: Døvania

Number: 117

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 22:40:42

Speed: 7.10 km/h

Running performance: 8:24 min/km

Rank in course/Total: 127 (of 397)

Rank in course/Men: 112 (of 313)

Best time in course: 13:17:41

Rank in category: 29(of 70)

Best time in the category: 16:22:32

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking							
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
VP1 - Checkpoint	8.60	1:02:32	7:16	46	18:18	190	18:24	8.60	1:02:32	7:16	46	18:18	190	18:24	
VP2 - East Side G	4.80	33:19	6:56	55	12:14	241	12:16	13.40	1:35:51	7:09	50	30:32	203	30:37	
VP3 - Dammweg	5.80	42:46	7:22	51	12:58	208	13:34	19.20	2:18:37	7:13	50	43:30	205	43:46	
VP4 - Johannisth	5.70	38:15	6:42	40	11:33	170	13:43	24.90	2:56:52	7:06	48	55:03	200	57:10	
VP5 - Imbiß "Am	9.50	1:08:53	7:15	48	21:31	196	27:21	34.40	4:05:45	7:08	47	1:16:34	194	1:24:28	
VP6 - Buckow	4.50	35:35	7:54	44	12:20	193	14:59	38.90	4:41:20	7:13	47	1:28:54	198	1:39:27	
Control	7.60	56:43	7:27	39	16:01	178	22:41	46.50	5:38:03	7:16	47	1:44:52	193	2:02:08	
VP8 - Osdorfer St	6.30	47:02	7:27	36	13:23	158	19:36	52.80	6:25:05	7:17	47	1:58:15	189	2:21:44	
VP9 - Sportplatz	6.50	53:54	8:17	29	19:20	130	32:27	59.30	7:18:59	7:24	42	2:17:35	183	2:44:08	
VP10 - Königswe	6.20	44:58	7:15	23	8:55	91	15:33	65.50	8:03:57	7:23	39	2:26:30	168	2:59:41	
VP11 - Gedenkst	6.80	58:01	8:31	49	17:48	192	33:42	72.30	9:01:58	7:29	40	2:43:24	170	3:23:36	
VP12 - Brauhaus	6.90	59:14	8:35	39	17:54	177	26:07	79.20	10:01:12	7:35	40	2:57:00	169	3:49:43	
VP13 - Revierförs	5.70	46:08	8:05	27	11:29	107	16:05	84.90	10:47:20	7:37	35	2:30:45	152	4:05:48	
VP14 - Schloss S	6.30	1:21:31	12:56	57	43:56	243	50:04	91.20	12:08:51	7:59	43	3:09:08	177	4:55:52	
VP15 - Pagel & Fi	7.60	58:13	7:39	16	11:26	70	20:31	98.80	13:07:04	7:57	39	3:18:27	163	5:16:23	
VP16 - Karolinenl	4.90	39:12	8:00	11	7:10	47	13:37	103.70	13:46:16	7:58	34	3:25:37	144	5:30:00	
VP17 - Falkensee	6.50	55:15	8:30	27	12:56	109	22:44	110.20	14:41:31	7:59	35	3:38:33	145	5:52:44	
VP18 - Schönwal	5.80	55:32	9:34	30	19:37	154	26:27	116.00	15:37:03	8:04	36	3:58:10	146	6:19:11	
VP19 - Grenzturn	7.30	1:07:58	9:18	26	21:36	110	39:52	123.30	16:45:01	8:09	34	4:19:46	141	6:48:22	
VP20 - Rudercluk	4.80	47:49	9:57	34	18:28	144	23:29	128.10	17:32:50	8:13	33	4:38:14	139	7:11:51	
VP21 - Frohnau	4.10	53:50	13:07	42	28:03	178	31:11	132.20	18:26:40	8:22	33	5:06:17	140	7:43:02	
VP22 - Naturschu	6.40	51:34	8:03	14	11:09	52	18:22	138.60	19:18:14	8:21	30	5:17:26	131	8:01:24	
VP23 - Oranienbu	4.50	40:45	9:03	16	12:27	57	15:48	143.10	19:58:59	8:22	30	5:29:53	127	8:17:12	
VP24 - Lauftreff l	5.30	49:22	9:18	20	16:55	80	21:08	148.40	20:48:21	8:24	28	5:46:48	118	8:38:20	
VP25 - Wilhelmsr	5.70	50:55	8:55	20	15:08	75	20:54	154.10	21:39:16	8:25	28	6:01:56	114	8:59:14	
VP26 - Wollankst	3.10	30:00	9:40	22	9:36	89	12:53	157.20	22:09:16	8:27	28	6:11:32	112	9:12:07	
Friedrich-Ludwig	4.20	31:26	7:29	17	6:47	72	11:40	161.90	22:40:42	8:24	29	6:18:10	113	9:23:01	