



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

### Winkler-Spekker, Sandy

Club: Ashai Sports

Number: 448

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 22:54:49

Speed: 7.03 km/h

Running performance: 8:29 min/km

Rank in course/Total: 141 (of 397)

Rank in course/Women: 18 (of 84)

Best time in course: 15:29:48

Rank in category: 1(of 6)

Best time in the category: 22:54:49

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Checkpoint	8.60	1:04:23	7:29	2	0:07	31	15:19	8.60	1:04:23	7:29	2	0:07	31	15:19
VP2 - East Side G	4.80	31:01	6:27	1	-	25	6:14	13.40	1:35:24	7:07	2	0:06	28	21:33
VP3 - Dammweg	5.80	41:07	7:05	3	1:40	25	9:24	19.20	2:16:31	7:06	2	1:46	29	30:57
VP4 - Johannisth	5.70	42:13	7:24	3	4:24	47	11:58	24.90	2:58:44	7:10	2	4:08	29	42:55
VP5 - Imbiß "Am	9.50	1:12:19	7:36	4	4:34	37	20:19	34.40	4:11:03	7:17	3	8:42	32	1:03:14
VP6 - Buckow	4.50	33:29	7:26	1	-	23	8:07	38.90	4:44:32	7:18	3	6:07	28	1:11:21
Control	7.60	59:38	7:50	5	2:35	45	17:15	46.50	5:44:10	7:24	3	8:25	31	1:28:36
VP8 - Osdorfer St	6.30	47:06	7:28	2	0:28	25	11:39	52.80	6:31:16	7:24	2	8:53	29	1:40:15
VP9 - Sportplatz	6.50	55:28	8:31	3	3:04	28	19:38	59.30	7:26:44	7:32	2	11:57	27	1:59:53
VP10 - Königswe	6.20	50:54	8:12	2	4:54	36	16:10	65.50	8:17:38	7:35	3	10:43	29	2:16:03
VP11 - Gedenkst	6.80	1:03:11	9:17	3	4:25	48	24:27	72.30	9:20:49	7:45	3	14:26	30	2:40:30
VP12 - Brauhaus	6.90	1:02:26	9:02	4	8:14	33	23:11	79.20	10:23:15	7:52	3	22:40	30	3:03:41
VP13 - Revierförs	5.70	51:49	9:05	3	5:42	34	17:56	84.90	11:15:04	7:57	3	21:00	30	3:21:25
VP14 - Schloss S	6.30	1:03:52	10:08	3	2:01	29	26:52	91.20	12:18:56	8:06	2	15:16	30	3:48:17
VP15 - Pagel & Fi	7.60	1:07:11	8:50	4	6:55	35	23:37	98.80	13:26:07	8:09	2	18:39	30	4:11:54
VP16 - Karolinenl	4.90	49:13	10:02	4	4:43	33	20:33	103.70	14:15:20	8:14	2	22:07	30	4:32:27
VP17 - Falkensee	6.50	53:23	8:12	1	-	16	15:42	110.20	15:08:43	8:14	2	20:26	28	4:48:09
VP18 - Schönwal	5.80	46:55	8:05	1	-	12	13:07	116.00	15:55:38	8:14	2	15:14	28	5:01:16
VP19 - Grenzturn	7.30	1:04:36	8:50	1	-	16	20:35	123.30	17:00:14	8:16	2	10:50	25	5:21:51
VP20 - Rudercluk	4.80	38:53	8:06	1	-	12	17:42	128.10	17:39:07	8:16	2	2:50	20	5:32:21
VP21 - Frohnau	4.10	47:12	11:30	3	3:19	26	23:54	132.20	18:26:19	8:22	2	5:06	23	5:56:15
VP22 - Naturschu	6.40	58:28	9:08	4	0:45	23	20:23	138.60	19:24:47	8:24	2	5:41	21	6:16:38
VP23 - Oranienbu	4.50	40:11	8:55	1	-	10	12:01	143.10	20:04:58	8:25	1	-	18	6:28:39
VP24 - Laufftreff l	5.30	48:51	9:13	1	-	12	15:55	148.40	20:53:49	8:26	1	-	17	6:44:34
VP25 - Wilhelmsr	5.70	50:20	8:49	2	1:48	16	14:59	154.10	21:44:09	8:27	1	-	17	6:59:33
VP26 - Wollankst	3.10	30:47	9:55	2	5:48	26	11:03	157.20	22:14:56	8:29	1	-	17	7:10:17
Friedrich-Ludwig	4.20	39:53	9:29	3	11:25	38	15:00	161.90	22:54:49	8:29	1	-	18	7:25:01