



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

**Tehrani, Ash**

Club: London

Number: 419

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 22:57:09

Speed: 7.01 km/h

Running performance: 8:31 min/km

Rank in course/Total: 143 (of 397)

Rank in course/Men: 125 (of 313)

Best time in course: 13:17:41

Rank in category: 14(of 29)

Best time in the category: 17:26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	1:02:38	7:16	21	14:30	193	18:30	8.60	1:02:38	7:16	21	14:30	193	18:30
VP2 - East Side G	4.80	36:18	7:33	27	11:39	292	15:15	13.40	1:38:56	7:22	21	26:09	232	33:42
VP3 - Dammweg	5.80	50:38	8:43	27	17:33	306	21:26	19.20	2:29:34	7:47	24	43:38	275	54:43
VP4 - Johannisth	5.70	50:51	8:55	27	20:26	309	26:19	24.90	3:20:25	8:02	26	1:04:04	292	1:20:43
VP5 - Imbiß "Am	9.50	1:19:48	8:24	26	27:17	293	38:16	34.40	4:40:13	8:08	26	1:31:15	294	1:58:56
VP6 - Buckow	4.50	26:09	5:48	3	0:17	20	5:33	38.90	5:06:22	7:52	25	1:31:32	268	2:04:29
Control	7.60	54:19	7:08	17	10:16	147	20:17	46.50	6:00:41	7:45	24	1:41:41	250	2:24:46
VP8 - Osdorfer St	6.30	43:33	6:54	14	6:20	107	16:07	52.80	6:44:14	7:39	22	1:47:47	230	2:40:53
VP9 - Sportplatz	6.50	54:13	8:20	14	32:37	133	32:46	59.30	7:38:27	7:43	21	1:56:43	209	3:03:36
VP10 - Königswe	6.20	43:16	6:58	6	5:55	63	13:51	65.50	8:21:43	7:39	21	1:57:19	192	3:17:27
VP11 - Gedenkst	6.80	48:34	7:08	11	7:30	59	24:15	72.30	9:10:17	7:36	21	1:59:44	180	3:31:55
VP12 - Brauhaus	6.90	1:04:16	9:18	22	22:24	217	31:09	79.20	10:14:33	7:45	21	2:17:58	189	4:03:04
VP13 - Revierförs	5.70	44:07	7:44	10	6:48	81	14:04	84.90	10:58:40	7:45	20	2:24:17	178	4:17:08
VP14 - Schloss S	6.30	1:14:34	11:50	21	35:22	209	43:07	91.20	12:13:14	8:02	20	2:59:39	187	5:00:15
VP15 - Pagel & Fi	7.60	59:40	7:51	9	11:07	88	21:58	98.80	13:12:54	8:01	18	3:07:54	174	5:22:13
VP16 - Karolinenl	4.90	43:37	8:54	9	7:20	90	18:02	103.70	13:56:31	8:04	17	3:15:14	162	5:40:15
VP17 - Falkensee	6.50	53:09	8:10	10	8:24	86	20:38	110.20	14:49:40	8:04	15	3:23:38	155	6:00:53
VP18 - Schönwal	5.80	49:50	8:35	11	10:31	93	20:45	116.00	15:39:30	8:05	15	3:32:01	151	6:21:38
VP19 - Grenzturn	7.30	1:05:45	9:00	11	19:11	94	37:39	123.30	16:45:15	8:09	15	3:51:12	142	6:48:36
VP20 - Rudercluk	4.80	47:25	9:52	13	16:35	140	23:05	128.10	17:32:40	8:13	15	4:07:47	137	7:11:41
VP21 - Frohnau	4.10	1:08:07	16:36	21	40:36	245	45:28	132.20	18:40:47	8:28	17	4:48:23	160	7:57:09
VP22 - Naturschu	6.40	1:03:14	9:52	17	21:22	166	30:02	138.60	19:44:01	8:32	17	5:09:45	163	8:27:11
VP23 - Oranienbu	4.50	46:31	10:20	12	13:46	123	21:34	143.10	20:30:32	8:35	17	5:23:22	162	8:48:45
VP24 - Laufftreff l	5.30	1:00:45	11:27	17	23:40	203	32:31	148.40	21:31:17	8:42	19	5:47:02	169	9:21:16
VP25 - Wilhelmsr	5.70	42:17	7:25	4	4:09	17	12:16	154.10	22:13:34	8:39	16	5:49:14	157	9:33:32
VP26 - Wollankst	3.10	20:07	6:29	1	-	7	3:00	157.20	22:33:41	8:36	15	5:31:13	138	9:36:32
Friedrich-Ludwig	4.20	23:28	5:35	1	-	6	3:42	161.90	22:57:09	8:30	14	5:30:35	126	9:39:28