



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

**Connolly, Gary**

Club: 100 Marathon club Ireland  
Number: 352

Course: 161.90 km  
100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 23:09:18

Speed: 6.95 km/h

Running performance: 8:35 min/km

Rank in course/Total: 159 (of 397)

Rank in course/Men: 137 (of 313)

Best time in course: 13:17:41

Rank in category: 19(of 50)

Best time in the category: 18:35:32

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	54:07	6:17	3	4:44	50	9:59	8.60	54:07	6:17	3	4:44	50	9:59
VP2 - East Side G	4.80	26:50	5:35	2	2:04	56	5:47	13.40	1:20:57	6:02	3	6:48	56	15:43
VP3 - Dammweg	5.80	37:03	6:23	9	2:30	80	7:51	19.20	1:58:00	6:08	4	9:18	62	23:09
VP4 - Johannisth	5.70	34:52	6:07	7	3:10	76	10:20	24.90	2:32:52	6:08	6	12:17	65	33:10
VP5 - Imbiß "Am	9.50	1:00:43	6:23	7	6:02	80	19:11	34.40	3:33:35	6:12	6	18:19	68	52:18
VP6 - Buckow	4.50	29:43	6:36	6	3:09	67	9:07	38.90	4:03:18	6:15	5	21:28	65	1:01:25
Control	7.60	52:51	6:57	15	8:04	122	18:49	46.50	4:56:09	6:22	5	29:32	70	1:20:14
VP8 - Osdorfer St	6.30	46:47	7:25	24	10:00	153	19:21	52.80	5:42:56	6:29	7	38:35	76	1:39:35
VP9 - Sportplatz	6.50	52:41	8:06	20	14:55	118	31:14	59.30	6:35:37	6:40	8	47:33	73	2:00:46
VP10 - Königswe	6.20	43:39	7:02	8	3:27	70	14:14	65.50	7:19:16	6:42	8	47:35	73	2:15:00
VP11 - Gedenkst	6.80	52:16	7:41	10	27:57	100	27:57	72.30	8:11:32	6:47	8	50:33	72	2:33:10
VP12 - Brauhaus	6.90	55:56	8:06	18	10:18	139	22:49	79.20	9:07:28	6:54	10	54:30	76	2:55:59
VP13 - Revierförs	5.70	44:33	7:48	8	3:54	88	14:30	84.90	9:52:01	6:58	9	55:44	73	3:10:29
VP14 - Schloss S	6.30	1:32:10	14:37	39	46:52	268	1:00:43	91.20	11:24:11	7:30	18	1:42:36	120	4:11:12
VP15 - Pagel & Fi	7.60	1:08:36	9:01	27	18:14	196	30:54	98.80	12:32:47	7:37	17	1:56:58	123	4:42:06
VP16 - Karolinenl	4.90	47:58	9:47	25	10:00	158	22:23	103.70	13:20:45	7:43	17	2:00:06	121	5:04:29
VP17 - Falkensee	6.50	1:01:00	9:23	27	14:51	179	28:29	110.20	14:21:45	7:49	18	2:08:18	122	5:32:58
VP18 - Schönwal	5.80	1:00:27	10:25	28	20:54	200	31:22	116.00	15:22:12	7:57	18	2:27:26	125	6:04:20
VP19 - Grenzturn	7.30	1:26:45	11:53	31	55:22	217	58:39	123.30	16:48:57	8:10	21	3:02:21	146	6:52:18
VP20 - Rudercluk	4.80	51:08	10:39	23	16:33	177	26:48	128.10	17:40:05	8:16	23	3:18:54	149	7:19:06
VP21 - Frohnau	4.10	44:52	10:56	23	11:10	110	22:13	132.20	18:24:57	8:21	23	3:30:04	138	7:41:19
VP22 - Naturschu	6.40	1:01:01	9:32	21	12:58	147	27:49	138.60	19:25:58	8:24	22	3:43:02	145	8:09:08
VP23 - Oranienbu	4.50	46:51	10:24	17	12:47	127	21:54	143.10	20:12:49	8:28	22	3:55:49	141	8:31:02
VP24 - Laufftreff l	5.30	53:08	10:01	16	13:42	132	24:54	148.40	21:05:57	8:31	22	4:08:39	143	8:55:56
VP25 - Wilhelmsr	5.70	55:50	9:47	16	13:11	125	25:49	154.10	22:01:47	8:34	21	4:21:50	142	9:21:45
VP26 - Wollankst	3.10	33:15	10:43	19	8:17	138	16:08	157.20	22:35:02	8:37	20	4:30:07	141	9:37:53
Friedrich-Ludwig	4.20	34:16	8:09	17	7:19	124	14:30	161.90	23:09:18	8:34	19	4:33:46	138	9:51:37