



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Kreusel, Christian

Club: 1. FC Union Berlin

Number: 41

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 23:16:34

Speed: 6.92 km/h

Running performance: 8:38 min/km

Rank in course/Total: 167 (of 397)

Rank in course/Men: 145 (of 313)

Best time in course: 13:17:41

Rank in category: 21(of 38)

Best time in the category: 15:13:41

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	1:01:04	7:06	25	16:56	170	16:56	8.60	1:01:04	7:06	25	16:56	170	16:56
VP2 - East Side G	4.80	30:48	6:25	24	9:36	174	9:45	13.40	1:31:52	6:51	24	26:32	168	26:38
VP3 - Dammweg	5.80	42:43	7:21	28	12:54	204	13:31	19.20	2:14:35	7:00	25	39:26	186	39:44
VP4 - Johannisth	5.70	42:07	7:23	31	15:51	246	17:35	24.90	2:56:42	7:05	26	55:17	197	57:00
VP5 - Imbiß "Am	9.50	1:12:00	7:34	30	27:49	238	30:28	34.40	4:08:42	7:13	27	1:23:06	205	1:27:25
VP6 - Buckow	4.50	35:24	7:51	25	13:47	189	14:48	38.90	4:44:06	7:18	27	1:36:53	207	1:42:13
Control	7.60	58:26	7:41	28	21:47	204	24:24	46.50	5:42:32	7:21	27	1:58:40	203	2:06:37
VP8 - Osdorfer St	6.30	50:04	7:56	25	19:51	206	22:38	52.80	6:32:36	7:26	27	2:18:31	204	2:29:15
VP9 - Sportplatz	6.50	1:02:33	9:37	22	30:21	210	41:06	59.30	7:35:09	7:40	27	2:48:52	200	3:00:18
VP10 - Königswe	6.20	49:00	7:54	22	16:30	154	19:35	65.50	8:24:09	7:41	27	3:05:22	197	3:19:53
VP11 - Gedenkst	6.80	56:38	8:19	25	21:32	166	32:19	72.30	9:20:47	7:45	26	3:26:54	198	3:42:25
VP12 - Brauhaus	6.90	55:13	8:00	18	16:39	126	22:06	79.20	10:16:00	7:46	26	3:43:33	192	4:04:31
VP13 - Revierförs	5.70	47:59	8:25	21	15:33	134	17:56	84.90	11:03:59	7:49	26	3:59:06	190	4:22:27
VP14 - Schloss S	6.30	1:09:00	10:57	26	35:24	182	37:33	91.20	12:12:59	8:02	25	4:34:30	185	5:00:00
VP15 - Pagel & Fi	7.60	1:01:48	8:07	19	20:29	121	24:06	98.80	13:14:47	8:02	25	4:54:59	180	5:24:06
VP16 - Karolinenl	4.90	43:19	8:50	13	12:26	86	17:44	103.70	13:58:06	8:04	22	5:07:25	165	5:41:50
VP17 - Falkensee	6.50	57:00	8:46	20	19:48	138	24:29	110.20	14:55:06	8:07	22	5:27:13	166	6:06:19
VP18 - Schönwal	5.80	52:32	9:03	19	20:17	127	23:27	116.00	15:47:38	8:10	22	5:46:34	160	6:29:46
VP19 - Grenzturn	7.30	1:13:16	10:02	22	26:15	153	45:10	123.30	17:00:54	8:16	23	6:09:30	163	7:04:15
VP20 - Rudercluk	4.80	44:14	9:12	15	15:14	103	19:54	128.10	17:45:08	8:18	22	6:24:44	156	7:24:09
VP21 - Frohnau	4.10	59:37	14:32	28	32:03	214	36:58	132.20	18:44:45	8:30	23	6:50:58	165	8:01:07
VP22 - Naturschu	6.40	1:00:47	9:29	21	24:50	142	27:35	138.60	19:45:32	8:33	23	7:15:24	164	8:28:42
VP23 - Oranienbu	4.50	44:27	9:52	13	15:47	95	19:30	143.10	20:29:59	8:35	23	7:31:11	160	8:48:12
VP24 - Laufftreff l	5.30	50:29	9:31	14	19:18	92	22:15	148.40	21:20:28	8:37	23	7:46:23	157	9:10:27
VP25 - Wilhelmsr	5.70	53:19	9:21	11	17:25	91	23:18	154.10	22:13:47	8:39	24	8:01:37	158	9:33:45
VP26 - Wollankst	3.10	30:36	9:52	15	11:53	99	13:29	157.20	22:44:23	8:40	22	7:56:34	152	9:47:14
Friedrich-Ludwig	4.20	32:11	7:39	13	8:28	90	12:25	161.90	23:16:34	8:37	21	8:02:53	146	9:58:53