



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

Zehring, Uwe

Club: DUV

Number: 343

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 23:19:58

Speed: 6.90 km/h

Running performance: 8:39 min/km

Rank in course/Total: 173 (of 397)

Rank in course/Men: 151 (of 313)

Best time in course: 13:17:41

Rank in category: 22(of 50)

Best time in the category: 18:35:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	59:19	6:53	19	9:56	145	15:11	8.60	59:19	6:53	19	9:56	145	15:11
VP2 - East Side G	4.80	34:44	7:14	44	9:58	273	13:41	13.40	1:34:03	7:01	28	19:54	189	28:49
VP3 - Dammweg	5.80	40:23	6:57	24	5:50	149	11:11	19.20	2:14:26	7:00	29	25:44	185	39:35
VP4 - Johannisth	5.70	38:40	6:47	27	6:58	178	14:08	24.90	2:53:06	6:57	27	32:31	178	53:24
VP5 - Imbiß "Am	9.50	1:07:24	7:05	25	12:43	173	25:52	34.40	4:00:30	6:59	26	45:14	179	1:19:13
VP6 - Buckow	4.50	32:51	7:18	19	6:17	138	12:15	38.90	4:33:21	7:01	25	51:31	174	1:31:28
Control	7.60	52:58	6:58	16	8:11	123	18:56	46.50	5:26:19	7:01	23	59:42	167	1:50:24
VP8 - Osdorfer St	6.30	46:02	7:18	20	9:15	142	18:36	52.80	6:12:21	7:03	22	1:08:00	165	2:09:00
VP9 - Sportplatz	6.50	51:20	7:53	17	13:34	105	29:53	59.30	7:03:41	7:08	21	1:15:37	142	2:28:50
VP10 - Königswe	6.20	1:06:36	10:44	46	26:24	287	37:11	65.50	8:10:17	7:29	27	1:38:36	181	3:06:01
VP11 - Gedenkst	6.80	56:47	8:21	25	32:28	167	32:28	72.30	9:07:04	7:33	25	1:46:05	179	3:28:42
VP12 - Brauhaus	6.90	55:04	7:58	14	9:26	123	21:57	79.20	10:02:08	7:36	24	1:49:10	170	3:50:39
VP13 - Revierförs	5.70	47:30	8:20	16	6:51	126	17:27	84.90	10:49:38	7:39	24	1:53:21	159	4:08:06
VP14 - Schloss S	6.30	52:45	8:22	9	7:27	70	21:18	91.20	11:42:23	7:42	20	2:00:48	136	4:29:24
VP15 - Pagel & Fi	7.60	1:27:09	11:28	41	36:47	273	49:27	98.80	13:09:32	7:59	26	2:33:43	171	5:18:51
VP16 - Karolinenl	4.90	49:19	10:03	26	11:21	168	23:44	103.70	13:58:51	8:05	27	2:38:12	169	5:42:35
VP17 - Falkensee	6.50	55:25	8:31	16	9:16	110	22:54	110.20	14:54:16	8:06	25	2:40:49	163	6:05:29
VP18 - Schönwal	5.80	52:36	9:04	15	13:03	129	23:31	116.00	15:46:52	8:09	24	2:52:06	159	6:29:00
VP19 - Grenzturn	7.30	1:08:14	9:20	13	36:51	111	40:08	123.30	16:55:06	8:13	24	3:08:30	153	6:58:27
VP20 - Rudercluk	4.80	1:06:52	13:55	34	32:17	250	42:32	128.10	18:01:58	8:26	26	3:40:47	175	7:40:59
VP21 - Frohnau	4.10	48:30	11:49	28	14:48	134	25:51	132.20	18:50:28	8:33	26	3:55:35	171	8:06:50
VP22 - Naturschu	6.40	1:00:30	9:27	19	12:27	135	27:18	138.60	19:50:58	8:35	26	4:08:02	170	8:34:08
VP23 - Oranienbu	4.50	43:56	9:45	11	9:52	88	18:59	143.10	20:34:54	8:37	24	4:17:54	166	8:53:07
VP24 - Laufftreff l	5.30	51:49	9:46	12	12:23	108	23:35	148.40	21:26:43	8:40	24	4:29:25	166	9:16:42
VP25 - Wilhelmsr	5.70	52:31	9:12	11	9:52	86	22:30	154.10	22:19:14	8:41	24	4:39:17	163	9:39:12
VP26 - Wollankst	3.10	27:56	9:00	6	2:58	60	10:49	157.20	22:47:10	8:41	24	4:42:15	158	9:50:01
Friedrich-Ludwig	4.20	32:48	7:48	11	5:51	107	13:02	161.90	23:19:58	8:38	22	4:44:26	152	10:02:17