



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Del Valle, Dieter

Club: Physiotherapie del Valle
Number: 12

Course: 161.90 km
100MeilenBerlin

Category:
Senioren M55 (55-59 Jahre)

Total time: 23:27:32

Speed: 6.86 km/h
Running performance: 8:41 min/km

Rank in course/Total: 182 (of 397)

Rank in course/Men: 160 (of 313)

Best time in course: 13:17:41

Rank in category: 24(of 50)

Best time in the category: 18:35:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	1:00:40	7:03	22	11:17	157	16:32	8.60	1:00:40	7:03	22	11:17	157	16:32
VP2 - East Side G	4.80	29:58	6:14	19	5:12	139	8:55	13.40	1:30:38	6:45	21	16:29	159	25:24
VP3 - Dammweg	5.80	39:12	6:45	18	4:39	127	10:00	19.20	2:09:50	6:45	18	21:08	147	34:59
VP4 - Johannisth	5.70	36:20	6:22	17	4:38	116	11:48	24.90	2:46:10	6:40	18	25:35	134	46:28
VP5 - Imbiß "Am	9.50	1:03:54	6:43	18	9:13	130	22:22	34.40	3:50:04	6:41	18	34:48	135	1:08:47
VP6 - Buckow	4.50	30:53	6:51	9	4:19	84	10:17	38.90	4:20:57	6:42	17	39:07	122	1:19:04
Control	7.60	52:21	6:53	14	7:34	115	18:19	46.50	5:13:18	6:44	17	46:41	116	1:37:23
VP8 - Osdorfer St	6.30	44:08	7:00	15	7:21	114	16:42	52.80	5:57:26	6:46	17	53:05	111	1:54:05
VP9 - Sportplatz	6.50	50:07	7:42	15	12:21	97	28:40	59.30	6:47:33	6:52	15	59:29	101	2:12:42
VP10 - Königswe	6.20	49:11	7:55	22	8:59	157	19:46	65.50	7:36:44	6:58	14	1:05:03	102	2:32:28
VP11 - Gedenkst	6.80	58:14	8:33	30	33:55	194	33:55	72.30	8:34:58	7:07	17	1:13:59	113	2:56:36
VP12 - Brauhaus	6.90	57:13	8:17	19	11:35	154	24:06	79.20	9:32:11	7:13	17	1:19:13	117	3:20:42
VP13 - Revierförs	5.70	46:14	8:06	10	5:35	109	16:11	84.90	10:18:25	7:17	16	1:22:08	114	3:36:53
VP14 - Schloss S	6.30	51:56	8:14	7	6:38	63	20:29	91.20	11:10:21	7:21	13	1:28:46	95	3:57:22
VP15 - Pagel & Fi	7.60	1:44:57	13:48	43	54:35	282	1:07:15	98.80	12:55:18	7:50	21	2:19:29	143	5:04:37
VP16 - Karolinenl	4.90	44:03	8:59	14	6:05	95	18:28	103.70	13:39:21	7:54	21	2:18:42	136	5:23:05
VP17 - Falkensee	6.50	57:27	8:50	21	11:18	142	24:56	110.20	14:36:48	7:57	21	2:23:21	138	5:48:01
VP18 - Schönwal	5.80	53:43	9:15	17	14:10	139	24:38	116.00	15:30:31	8:01	20	2:35:45	138	6:12:39
VP19 - Grenzturn	7.30	1:13:31	10:04	18	42:08	156	45:25	123.30	16:44:02	8:08	20	2:57:26	139	6:47:23
VP20 - Rudercluk	4.80	50:28	10:30	22	15:53	174	26:08	128.10	17:34:30	8:13	20	3:13:19	143	7:13:31
VP21 - Frohnau	4.10	43:55	10:42	20	10:13	104	21:16	132.20	18:18:25	8:18	19	3:23:32	131	7:34:47
VP22 - Naturschu	6.40	1:01:58	9:40	23	13:55	155	28:46	138.60	19:20:23	8:22	20	3:37:27	134	8:03:33
VP23 - Oranienbu	4.50	48:29	10:46	23	14:25	153	23:32	143.10	20:08:52	8:26	21	3:51:52	137	8:27:05
VP24 - Laufftreff l	5.30	54:38	10:18	20	15:12	147	26:24	148.40	21:03:30	8:30	21	4:06:12	141	8:53:29
VP25 - Wilhelmsr	5.70	1:02:27	10:57	29	19:48	182	32:26	154.10	22:05:57	8:36	22	4:26:00	146	9:25:55
VP26 - Wollankst	3.10	35:39	11:30	28	10:41	186	18:32	157.20	22:41:36	8:39	22	4:36:41	150	9:44:27
Friedrich-Ludwig	4.20	45:56	10:56	37	18:59	232	26:10	161.90	23:27:32	8:41	24	4:52:00	161	10:09:51