



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Winkler, Ingolf

Club: www.kilometersammler.de

Number: 199

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:35:01

Speed: 6.83 km/h

Running performance: 8:44 min/km

Rank in course/Total: 192 (of 397)

Rank in course/Men: 169 (of 313)

Best time in course: 13:17:41

Rank in category: 36(of 70)

Best time in the category: 16:22:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	58:09	6:45	30	13:55	114	14:01	8.60	58:09	6:45	30	13:55	114	14:01
VP2 - East Side G	4.80	34:13	7:07	61	13:08	264	13:10	13.40	1:32:22	6:53	44	27:03	178	27:08
VP3 - Dammweg	5.80	42:33	7:20	48	12:45	199	13:21	19.20	2:14:55	7:01	45	39:48	189	40:04
VP4 - Johannisth	5.70	38:17	6:42	41	11:35	171	13:45	24.90	2:53:12	6:57	44	51:23	180	53:30
VP5 - Imbiß "Am	9.50	1:11:54	7:34	56	24:32	236	30:22	34.40	4:05:06	7:07	46	1:15:55	192	1:23:49
VP6 - Buckow	4.50	34:41	7:42	42	11:26	180	14:05	38.90	4:39:47	7:11	46	1:27:21	196	1:37:54
Control	7.60	57:29	7:33	44	16:47	190	23:27	46.50	5:37:16	7:15	46	1:44:05	191	2:01:21
VP8 - Osdorfer St	6.30	48:46	7:44	45	15:07	189	21:20	52.80	6:26:02	7:18	48	1:59:12	192	2:22:41
VP9 - Sportplatz	6.50	59:12	9:06	40	24:38	175	37:45	59.30	7:25:14	7:30	45	2:23:50	189	2:50:23
VP10 - Königswe	6.20	52:20	8:26	51	16:17	213	22:55	65.50	8:17:34	7:35	45	2:40:07	188	3:13:18
VP11 - Gedenkst	6.80	54:46	8:03	35	14:33	140	30:27	72.30	9:12:20	7:38	45	2:53:46	184	3:33:58
VP12 - Brauhaus	6.90	1:05:44	9:31	55	24:24	229	32:37	79.20	10:18:04	7:48	50	3:13:52	196	4:06:35
VP13 - Revierförs	5.70	51:20	9:00	45	16:41	184	21:17	84.90	11:09:24	7:53	48	2:52:49	195	4:27:52
VP14 - Schloss S	6.30	1:10:24	11:10	43	32:49	191	38:57	91.20	12:19:48	8:06	47	3:20:05	194	5:06:49
VP15 - Pagel & F	7.60	1:06:18	8:43	41	19:31	178	28:36	98.80	13:26:06	8:09	48	3:37:29	196	5:35:25
VP16 - Karolinenl	4.90	50:06	10:13	41	18:04	182	24:31	103.70	14:16:12	8:15	47	3:55:33	194	5:59:56
VP17 - Falkensee	6.50	1:06:04	10:09	49	23:45	211	33:33	110.20	15:22:16	8:22	46	4:19:18	195	6:33:29
VP18 - Schönwal	5.80	1:01:05	10:31	44	25:10	204	32:00	116.00	16:23:21	8:28	47	4:44:28	203	7:05:29
VP19 - Grenzturn	7.30	1:09:53	9:34	30	23:31	130	41:47	123.30	17:33:14	8:32	45	5:07:59	193	7:36:35
VP20 - Rudercluk	4.80	44:30	9:16	23	15:09	106	20:10	128.10	18:17:44	8:34	44	5:23:08	192	7:56:45
VP21 - Frohnau	4.10	49:07	11:58	30	23:20	140	26:28	132.20	19:06:51	8:40	45	5:46:28	189	8:23:13
VP22 - Naturschu	6.40	1:11:11	11:07	48	30:46	208	37:59	138.60	20:18:02	8:47	43	6:17:14	190	9:01:12
VP23 - Oranienbu	4.50	49:51	11:04	38	21:33	168	24:54	143.10	21:07:53	8:51	43	6:38:47	189	9:26:06
VP24 - Laufftreff l	5.30	51:43	9:45	27	19:16	107	23:29	148.40	21:59:36	8:53	43	6:58:03	188	9:49:35
VP25 - Wilhelmsr	5.70	45:07	7:54	8	9:20	35	15:06	154.10	22:44:43	8:51	40	7:07:23	181	10:04:41
VP26 - Wollankst	3.10	22:52	7:22	5	2:28	17	5:45	157.20	23:07:35	8:49	39	7:09:51	178	10:10:26
Friedrich-Ludwig	4.20	27:26	6:31	5	2:47	33	7:40	161.90	23:35:01	8:44	36	7:12:29	170	10:17:20