



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Hardes, Christoph

Club: Paderborn

Number: 327

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 23:34:43

Speed: 6.83 km/h

Running performance: 8:44 min/km

Rank in course/Total: 191 (of 397)

Rank in course/Men: 168 (of 313)

Best time in course: 13:17:41

Rank in category: 35(of 70)

Best time in the category: 16:22:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	57:38	6:42	25	13:24	94	13:30	8.60	57:38	6:42	25	13:24	94	13:30
VP2 - East Side G	4.80	27:30	5:43	21	6:25	71	6:27	13.40	1:25:08	6:21	25	19:49	90	19:54
VP3 - Dammweg	5.80	35:57	6:11	19	6:09	59	6:45	19.20	2:01:05	6:18	22	25:58	77	26:14
VP4 - Johannisth	5.70	33:12	5:49	15	6:30	49	8:40	24.90	2:34:17	6:11	20	32:28	71	34:35
VP5 - Imbiß "Am	9.50	59:51	6:17	21	12:29	73	18:19	34.40	3:34:08	6:13	18	44:57	69	52:51
VP6 - Buckow	4.50	32:23	7:11	28	9:08	126	11:47	38.90	4:06:31	6:20	17	54:05	71	1:04:38
Control	7.60	59:37	7:50	53	18:55	215	25:35	46.50	5:06:08	6:35	25	1:12:57	95	1:30:13
VP8 - Osdorfer St	6.30	48:52	7:45	46	15:13	191	21:26	52.80	5:55:00	6:43	26	1:28:10	106	1:51:39
VP9 - Sportplatz	6.50	1:47:12	16:29	68	1:12:38	308	1:25:45	59.30	7:42:12	7:47	53	2:40:48	218	3:07:21
VP10 - Königswe	6.20	43:56	7:05	18	7:53	75	14:31	65.50	8:26:08	7:43	49	2:48:41	204	3:21:52
VP11 - Gedenkst	6.80	53:38	7:53	26	13:25	117	29:19	72.30	9:19:46	7:44	48	3:01:12	194	3:41:24
VP12 - Brauhaus	6.90	53:55	7:48	23	12:35	110	20:48	79.20	10:13:41	7:44	45	3:09:29	185	4:02:12
VP13 - Revierförs	5.70	47:56	8:24	33	13:17	133	17:53	84.90	11:01:37	7:47	45	2:45:02	187	4:20:05
VP14 - Schloss S	6.30	1:24:18	13:22	59	46:43	254	52:51	91.20	12:25:55	8:10	49	3:26:12	200	5:12:56
VP15 - Pagel & Fi	7.60	1:07:35	8:53	44	20:48	186	29:53	98.80	13:33:30	8:14	49	3:44:53	205	5:42:49
VP16 - Karolinenl	4.90	51:22	10:28	45	19:20	199	25:47	103.70	14:24:52	8:20	49	4:04:13	203	6:08:36
VP17 - Falkensee	6.50	1:00:55	9:22	41	18:36	178	28:24	110.20	15:25:47	8:24	48	4:22:49	202	6:37:00
VP18 - Schönwal	5.80	44:36	7:41	15	8:41	49	15:31	116.00	16:10:23	8:21	44	4:31:30	189	6:52:31
VP19 - Grenzturn	7.30	1:03:06	8:38	18	16:44	67	35:00	123.30	17:13:29	8:22	41	4:48:14	173	7:16:50
VP20 - Rudercluk	4.80	47:50	9:57	35	18:29	145	23:30	128.10	18:01:19	8:26	41	5:06:43	174	7:40:20
VP21 - Frohnau	4.10	40:41	9:55	15	14:54	66	18:02	132.20	18:42:00	8:29	36	5:21:37	162	7:58:22
VP22 - Naturschu	6.40	59:15	9:15	27	18:50	122	26:03	138.60	19:41:15	8:31	36	5:40:27	160	8:24:25
VP23 - Oranienbu	4.50	46:06	10:14	27	17:48	116	21:09	143.10	20:27:21	8:34	36	5:58:15	159	8:45:34
VP24 - Laufftreff l	5.30	56:01	10:34	41	23:34	167	27:47	148.40	21:23:22	8:38	36	6:21:49	161	9:13:21
VP25 - Wilhelmsr	5.70	58:05	10:11	31	22:18	141	28:04	154.10	22:21:27	8:42	36	6:44:07	164	9:41:25
VP26 - Wollankst	3.10	33:29	10:48	32	13:05	142	16:22	157.20	22:54:56	8:44	36	6:57:12	166	9:57:47
Friedrich-Ludwig	4.20	39:47	9:28	37	15:08	178	20:01	161.90	23:34:43	8:44	35	7:12:11	169	10:17:02