



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

**Poulsen, Charlotte**

Club: Klub 100 Marathon Danmark

Number: 249

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W50 (50-54 Jahre)

Total time: 23:46:42

Speed: 6.77 km/h

Running performance: 8:49 min/km

Rank in course/Total: 206 (of 397)

Rank in course/Women: 27 (of 84)

Best time in course: 15:29:48

Rank in category: 4(of 19)

Best time in the category: 19:38:15

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Checkpoint	8.60	1:08:39	7:58	11	13:47	60	19:35	8.60	1:08:39	7:58	11	13:47	60	19:35
VP2 - East Side G	4.80	35:09	7:19	11	5:16	61	10:22	13.40	1:43:48	7:44	12	18:45	62	29:57
VP3 - Dammweg	5.80	45:57	7:55	11	7:54	53	14:14	19.20	2:29:45	7:47	12	26:39	61	44:11
VP4 - Johannisth	5.70	44:25	7:47	11	8:56	57	14:10	24.90	3:14:10	7:47	12	33:42	59	58:21
VP5 - Imbiß "Am	9.50	1:15:42	7:58	8	13:10	48	23:42	34.40	4:29:52	7:50	11	46:17	55	1:22:03
VP6 - Buckow	4.50	36:43	8:09	7	4:49	41	11:21	38.90	5:06:35	7:52	10	50:21	54	1:33:24
Control	7.60	59:00	7:45	5	7:44	38	16:37	46.50	6:05:35	7:51	9	58:05	49	1:50:01
VP8 - Osdorfer St	6.30	56:54	9:01	14	13:27	65	21:27	52.80	7:02:29	8:00	9	1:11:32	50	2:11:28
VP9 - Sportplatz	6.50	1:17:40	11:56	14	34:00	69	41:50	59.30	8:20:09	8:26	10	1:45:32	55	2:53:18
VP10 - Königswe	6.20	52:17	8:25	7	8:11	43	17:33	65.50	9:12:26	8:26	8	1:53:43	51	3:10:51
VP11 - Gedenkst	6.80	58:49	8:38	5	8:04	31	20:05	72.30	10:11:15	8:27	8	2:01:47	50	3:30:56
VP12 - Brauhaus	6.90	1:03:52	9:15	5	12:13	37	24:37	79.20	11:15:07	8:31	8	2:14:00	49	3:55:33
VP13 - Revierförs	5.70	49:45	8:43	6	7:57	25	15:52	84.90	12:04:52	8:32	8	2:21:57	47	4:11:13
VP14 - Schloss S	6.30	1:01:51	9:49	3	10:25	23	24:51	91.20	13:06:43	8:37	6	2:32:22	41	4:36:04
VP15 - Pagel & Fi	7.60	1:00:42	7:59	4	6:24	22	17:08	98.80	14:07:25	8:34	6	2:38:46	39	4:53:12
VP16 - Karolinenl	4.90	45:36	9:18	4	9:56	24	16:56	103.70	14:53:01	8:36	5	2:48:42	37	5:10:08
VP17 - Falkensee	6.50	56:20	8:40	2	10:13	22	18:39	110.20	15:49:21	8:36	5	2:58:55	37	5:28:47
VP18 - Schönwal	5.80	53:47	9:16	3	12:23	23	19:59	116.00	16:43:08	8:38	5	3:11:18	38	5:48:46
VP19 - Grenzturn	7.30	1:12:15	9:53	5	17:30	28	28:14	123.30	17:55:23	8:43	6	3:28:48	35	6:17:00
VP20 - Rudercluk	4.80	47:02	9:47	4	10:06	26	25:51	128.10	18:42:25	8:45	6	3:38:54	34	6:35:39
VP21 - Frohnau	4.10	43:55	10:42	2	2:59	19	20:37	132.20	19:26:20	8:49	5	3:41:53	34	6:56:16
VP22 - Naturschu	6.40	57:40	9:00	4	9:48	19	19:35	138.60	20:24:00	8:49	6	3:51:41	33	7:15:51
VP23 - Oranienbu	4.50	44:09	9:48	2	8:39	19	15:59	143.10	21:08:09	8:51	6	4:00:20	31	7:31:50
VP24 - Laufftreff l	5.30	56:33	10:40	7	17:22	32	23:37	148.40	22:04:42	8:55	6	4:17:42	30	7:55:27
VP25 - Wilhelmsr	5.70	48:32	8:30	1	-	9	13:11	154.10	22:53:14	8:54	6	4:15:44	30	8:08:38
VP26 - Wollankst	3.10	25:00	8:03	1	-	10	5:16	157.20	23:18:14	8:53	5	4:12:52	29	8:13:35
Friedrich-Ludwig	4.20	28:28	6:46	1	-	7	3:35	161.90	23:46:42	8:48	4	4:08:27	27	8:16:54