



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

**Strykowski, Jaroslaw**

Club: Drużyna Szpiku

Number: 95

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 16:55:28

Speed: 9.51 km/h

Running performance: 6:16 min/km

Rank in course/Total: 11 (of 397)

Rank in course/Men: 9 (of 313)

Best time in course: 13:17:41

Rank in category: 3(of 75)

Best time in the category: 14:30:53

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	44:13	5:08	3	0:04	5	0:05	8.60	44:13	5:08	3	0:04	5	0:05
VP2 - East Side G	4.80	21:59	4:34	4	0:56	8	0:56	13.40	1:06:12	4:56	4	0:58	8	0:58
VP3 - Dammweg	5.80	29:30	5:05	1	-	2	0:18	19.20	1:35:42	4:59	4	0:48	8	0:51
VP4 - Johannisth	5.70	28:13	4:57	4	3:25	8	3:41	24.90	2:03:55	4:58	4	4:13	8	4:13
VP5 - Imbiß "Am	9.50	50:21	5:17	4	8:00	9	8:49	34.40	2:54:16	5:03	4	12:13	9	12:59
VP6 - Buckow	4.50	25:08	5:35	4	3:53	8	4:32	38.90	3:19:24	5:07	4	16:06	8	17:31
Control	7.60	41:14	5:25	6	4:46	13	7:12	46.50	4:00:38	5:10	4	20:27	8	24:43
VP8 - Osdorfer St	6.30	34:59	5:33	6	4:44	11	7:33	52.80	4:35:37	5:13	4	25:11	8	32:16
VP9 - Sportplatz	6.50	38:49	5:58	5	7:24	17	17:22	59.30	5:14:26	5:18	4	32:35	8	39:35
VP10 - Königswe	6.20	34:37	5:34	5	3:24	8	5:12	65.50	5:49:03	5:19	4	35:59	8	44:47
VP11 - Gedenkst	6.80	43:36	6:24	7	8:43	25	19:17	72.30	6:32:39	5:25	5	43:41	9	54:17
VP12 - Brauhaus	6.90	42:32	6:09	7	6:50	16	9:25	79.20	7:15:11	5:29	5	50:31	9	1:03:42
VP13 - Revierförs	5.70	38:31	6:45	8	7:54	24	8:28	84.90	7:53:42	5:34	5	58:25	9	1:12:10
VP14 - Schloss S	6.30	45:23	7:12	11	11:59	27	13:56	91.20	8:39:05	5:41	5	1:10:04	9	1:26:06
VP15 - Pagel & Fi	7.60	54:37	7:11	17	14:50	53	16:55	98.80	9:33:42	5:48	5	1:21:50	9	1:43:01
VP16 - Karolinenl	4.90	35:10	7:10	8	8:03	20	9:35	103.70	10:08:52	5:52	5	1:29:53	9	1:52:36
VP17 - Falkensee	6.50	48:21	7:26	15	10:37	46	15:50	110.20	10:57:13	5:57	6	1:36:26	10	2:08:26
VP18 - Schönwal	5.80	43:29	7:29	11	10:58	37	14:24	116.00	11:40:42	6:02	6	1:47:21	12	2:22:50
VP19 - Grenzturn	7.30	57:03	7:48	12	13:54	34	28:57	123.30	12:37:45	6:08	6	2:00:07	13	2:41:06
VP20 - Rudercluk	4.80	33:44	7:01	7	6:06	17	9:24	128.10	13:11:29	6:10	6	2:06:13	13	2:50:30
VP21 - Frohnau	4.10	36:10	8:49	12	12:12	32	13:31	132.20	13:47:39	6:15	6	2:18:25	13	3:04:01
VP22 - Naturschu	6.40	42:01	6:33	3	4:32	10	8:49	138.60	14:29:40	6:16	5	2:18:55	12	3:12:50
VP23 - Oranienbu	4.50	30:30	6:46	3	3:24	9	5:33	143.10	15:00:10	6:17	5	2:21:26	11	3:18:23
VP24 - Laufftreff l	5.30	35:10	6:38	5	3:53	10	6:56	148.40	15:35:20	6:18	5	2:25:19	11	3:25:19
VP25 - Wilhelmsr	5.70	37:00	6:29	5	3:52	10	6:59	154.10	16:12:20	6:18	4	2:28:29	10	3:32:18
VP26 - Wollankst	3.10	20:38	6:39	4	2:38	9	3:31	157.20	16:32:58	6:18	4	2:31:07	10	3:35:49
Friedrich-Ludwig	4.20	22:30	5:21	3	0:53	5	2:44	161.90	16:55:28	6:16	4	2:30:04	10	3:37:47