



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Heilbock, Jürgen

Club: Frankfurt

Number: 143

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M50 (50-54 Jahre)

Total time: 17:08:31

Speed: 9.44 km/h

Running performance: 6:21 min/km

Rank in course/Total: 12 (of 397)

Rank in course/Men: 10 (of 313)

Best time in course: 13:17:41

Rank in category: 4(of 75)

Best time in the category: 14:30:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	48:16	5:36	7	4:07	19	4:08	8.60	48:16	5:36	7	4:07	19	4:08
VP2 - East Side G	4.80	24:37	5:07	6	3:34	12	3:34	13.40	1:12:53	5:26	6	7:39	15	7:39
VP3 - Dammweg	5.80	31:46	5:28	7	2:16	14	2:34	19.20	1:44:39	5:27	6	9:45	12	9:48
VP4 - Johannisth	5.70	30:17	5:18	8	5:29	20	5:45	24.90	2:14:56	5:25	7	15:14	13	15:14
VP5 - Imbiß "Am	9.50	51:53	5:27	7	9:32	17	10:21	34.40	3:06:49	5:25	7	24:46	13	25:32
VP6 - Buckow	4.50	25:22	5:38	5	4:07	10	4:46	38.90	3:32:11	5:27	7	28:53	13	30:18
Control	7.60	40:18	5:18	3	3:50	5	6:16	46.50	4:12:29	5:25	7	32:18	12	36:34
VP8 - Osdorfer St	6.30	34:45	5:30	5	4:30	10	7:19	52.80	4:47:14	5:26	6	36:48	11	43:53
VP9 - Sportplatz	6.50	38:58	5:59	6	7:33	19	17:31	59.30	5:26:12	5:30	6	44:21	12	51:21
VP10 - Königswe	6.20	36:04	5:49	6	4:51	11	6:39	65.50	6:02:16	5:31	6	49:12	11	58:00
VP11 - Gedenkst	6.80	41:58	6:10	6	7:05	19	17:39	72.30	6:44:14	5:35	6	55:16	11	1:05:52
VP12 - Brauhaus	6.90	42:14	6:07	6	6:32	14	9:07	79.20	7:26:28	5:38	6	1:01:48	11	1:14:59
VP13 - Revierförs	5.70	37:45	6:37	6	7:08	18	7:42	84.90	8:04:13	5:42	6	1:08:56	10	1:22:41
VP14 - Schloss S	6.30	42:42	6:46	5	9:18	16	11:15	91.20	8:46:55	5:46	6	1:17:54	10	1:33:56
VP15 - Pagel & Fi	7.60	51:33	6:46	13	11:46	32	13:51	98.80	9:38:28	5:51	6	1:26:36	10	1:47:47
VP16 - Karolinenl	4.90	33:14	6:46	7	6:07	17	7:39	103.70	10:11:42	5:53	6	1:32:43	10	1:55:26
VP17 - Falkensee	6.50	42:21	6:30	6	4:37	13	9:50	110.20	10:54:03	5:56	5	1:33:16	9	2:05:16
VP18 - Schönwal	5.80	39:20	6:46	5	6:49	15	10:15	116.00	11:33:23	5:58	5	1:40:02	9	2:15:31
VP19 - Grenzturn	7.30	52:25	7:10	7	9:16	20	24:19	123.30	12:25:48	6:02	5	1:48:10	10	2:29:09
VP20 - Rudercluk	4.80	34:07	7:06	8	6:29	19	9:47	128.10	12:59:55	6:05	5	1:54:39	11	2:38:56
VP21 - Frohnau	4.10	32:57	8:02	5	8:59	13	10:18	132.20	13:32:52	6:08	5	2:03:38	11	2:49:14
VP22 - Naturschu	6.40	44:40	6:58	7	7:11	17	11:28	138.60	14:17:32	6:11	4	2:06:47	10	3:00:42
VP23 - Oranienbu	4.50	31:30	7:00	5	4:24	11	6:33	143.10	14:49:02	6:12	4	2:10:18	10	3:07:15
VP24 - Laufftreff l	5.30	41:41	7:51	10	10:24	22	13:27	148.40	15:30:43	6:16	4	2:20:42	10	3:20:42
VP25 - Wilhelmsr	5.70	41:40	7:18	6	8:32	14	11:39	154.10	16:12:23	6:18	5	2:28:32	11	3:32:21
VP26 - Wollankst	3.10	24:47	7:59	9	6:47	30	7:40	157.20	16:37:10	6:20	5	2:35:19	11	3:40:01
Friedrich-Ludwig	4.20	31:21	7:27	23	9:44	70	11:35	161.90	17:08:31	6:21	5	2:43:07	11	3:50:50