



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Shenbrun, Tom

Club: ZONE3

Number: 417

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M45 (45-49 Jahre)

Total time: 26:20:45

Speed: 6.11 km/h

Running performance: 9:46 min/km

Rank in course/Total: 251 (of 397)

Rank in course/Men: 213 (of 313)

Best time in course: 13:17:41

Rank in category: 51(of 70)

Best time in the category: 16:22:32

| Intermediate times | | | | Stage score | | | | Total ranking | | | | | | |
|---------------------|----------|------------|--------------|-------------|-------------|---------|------------|---------------|------------|--------------|----------|-------------|---------|------------|
| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| VP1 - Checkpoint | 8.60 | 58:00 | 6:44 | 29 | 13:46 | 106 | 13:52 | 8.60 | 58:00 | 6:44 | 29 | 13:46 | 106 | 13:52 |
| VP2 - East Side G | 4.80 | 29:54 | 6:13 | 35 | 8:49 | 135 | 8:51 | 13.40 | 1:27:54 | 6:33 | 30 | 22:35 | 115 | 22:40 |
| VP3 - Dammweg | 5.80 | 40:05 | 6:54 | 35 | 10:17 | 145 | 10:53 | 19.20 | 2:07:59 | 6:39 | 29 | 32:52 | 119 | 33:08 |
| VP4 - Johannisth | 5.70 | 38:25 | 6:44 | 43 | 11:43 | 175 | 13:53 | 24.90 | 2:46:24 | 6:40 | 34 | 44:35 | 136 | 46:42 |
| VP5 - Imbiß "Am | 9.50 | 1:10:51 | 7:27 | 54 | 23:29 | 223 | 29:19 | 34.40 | 3:57:15 | 6:53 | 40 | 1:08:04 | 166 | 1:15:58 |
| VP6 - Buckow | 4.50 | 33:55 | 7:32 | 38 | 10:40 | 166 | 13:19 | 38.90 | 4:31:10 | 6:58 | 40 | 1:18:44 | 166 | 1:29:17 |
| Control | 7.60 | 54:11 | 7:07 | 34 | 13:29 | 140 | 20:09 | 46.50 | 5:25:21 | 6:59 | 40 | 1:32:10 | 161 | 1:49:26 |
| VP8 - Osdorfer St | 6.30 | 46:58 | 7:27 | 34 | 13:19 | 156 | 19:32 | 52.80 | 6:12:19 | 7:03 | 40 | 1:45:29 | 163 | 2:08:58 |
| VP9 - Sportplatz | 6.50 | 47:54 | 7:22 | 14 | 13:20 | 75 | 26:27 | 59.30 | 7:00:13 | 7:05 | 29 | 1:58:49 | 135 | 2:25:22 |
| VP10 - Königswe | 6.20 | 47:00 | 7:34 | 32 | 10:57 | 127 | 17:35 | 65.50 | 7:47:13 | 7:07 | 27 | 2:09:46 | 128 | 2:42:57 |
| VP11 - Gedenkst | 6.80 | 49:47 | 7:19 | 13 | 9:34 | 72 | 25:28 | 72.30 | 8:37:00 | 7:09 | 25 | 2:18:26 | 115 | 2:58:38 |
| VP12 - Brauhaus | 6.90 | 52:37 | 7:37 | 16 | 11:17 | 86 | 19:30 | 79.20 | 9:29:37 | 7:11 | 26 | 2:25:25 | 111 | 3:18:08 |
| VP13 - Revierförs | 5.70 | 45:07 | 7:54 | 24 | 10:28 | 96 | 15:04 | 84.90 | 10:14:44 | 7:14 | 24 | 1:58:09 | 105 | 3:33:12 |
| VP14 - Schloss S | 6.30 | 55:38 | 8:49 | 21 | 18:03 | 94 | 24:11 | 91.20 | 11:10:22 | 7:21 | 20 | 2:10:39 | 96 | 3:57:23 |
| VP15 - Pagel & Fi | 7.60 | 1:08:07 | 8:57 | 46 | 21:20 | 191 | 30:25 | 98.80 | 12:18:29 | 7:28 | 24 | 2:29:52 | 106 | 4:27:48 |
| VP16 - Karolinenl | 4.90 | 47:06 | 9:36 | 32 | 15:04 | 143 | 21:31 | 103.70 | 13:05:35 | 7:34 | 25 | 2:44:56 | 106 | 4:49:19 |
| VP17 - Falkensee | 6.50 | 1:03:02 | 9:41 | 44 | 20:43 | 189 | 30:31 | 110.20 | 14:08:37 | 7:42 | 25 | 3:05:39 | 111 | 5:19:50 |
| VP18 - Schönwal | 5.80 | 1:04:12 | 11:04 | 52 | 28:17 | 222 | 35:07 | 116.00 | 15:12:49 | 7:52 | 26 | 3:33:56 | 117 | 5:54:57 |
| VP19 - Grenzturn | 7.30 | 1:35:53 | 13:08 | 56 | 49:31 | 243 | 1:07:47 | 123.30 | 16:48:42 | 8:10 | 35 | 4:23:27 | 145 | 6:52:03 |
| VP20 - Rudercluk | 4.80 | 50:49 | 10:35 | 43 | 21:28 | 176 | 26:29 | 128.10 | 17:39:31 | 8:16 | 35 | 4:44:55 | 146 | 7:18:32 |
| VP21 - Frohnau | 4.10 | 1:04:30 | 15:43 | 55 | 38:43 | 234 | 41:51 | 132.20 | 18:44:01 | 8:30 | 38 | 5:23:38 | 164 | 8:00:23 |
| VP22 - Naturschu | 6.40 | 1:46:03 | 16:34 | 61 | 1:05:38 | 262 | 1:12:51 | 138.60 | 20:30:04 | 8:52 | 47 | 6:29:16 | 198 | 9:13:14 |
| VP23 - Oranienbu | 4.50 | 1:21:51 | 18:11 | 60 | 53:33 | 261 | 56:54 | 143.10 | 21:51:55 | 9:10 | 49 | 7:22:49 | 203 | 10:10:08 |
| VP24 - Laufftreff l | 5.30 | 1:27:47 | 16:33 | 60 | 55:20 | 261 | 59:33 | 148.40 | 23:19:42 | 9:25 | 49 | 8:18:09 | 209 | 11:09:41 |
| VP25 - Wilhelmsr | 5.70 | 1:28:14 | 15:28 | 58 | 52:27 | 258 | 58:13 | 154.10 | 24:47:56 | 9:39 | 50 | 9:10:36 | 211 | 12:07:54 |
| VP26 - Wollankst | 3.10 | 41:14 | 13:18 | 53 | 20:50 | 237 | 24:07 | 157.20 | 25:29:10 | 9:43 | 50 | 9:31:26 | 212 | 12:32:01 |
| Friedrich-Ludwig | 4.20 | 51:35 | 12:16 | 56 | 26:56 | 248 | 31:49 | 161.90 | 26:20:45 | 9:45 | 51 | 9:58:13 | 214 | 13:03:04 |