



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Wattenbach, Manfred

Club: Köln

Number: 452

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 27:15:30

Speed: 5.91 km/h

Running performance: 10:06 min/km

Rank in course/Total: 266 (of 397)

Rank in course/Men: 221 (of 313)

Best time in course: 13:17:41

Rank in category: 32(of 50)

Best time in the category: 18:35:32

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total		Total		Total		Pos Cat.	Behind Cat.	Pos Men	Behind Men
								km	Time	min/km	Pos	Behind	Pos				
VP1 - Checkpoint	8.60	1:06:04	7:40	39	16:41	239	21:56	8.60	1:06:04	7:40	39	16:41	239	21:56			
VP2 - East Side G	4.80	31:21	6:31	29	6:35	193	10:18	13.40	1:37:25	7:16	35	23:16	216	32:11			
VP3 - Dammweg	5.80	43:26	7:29	33	8:53	219	14:14	19.20	2:20:51	7:20	34	32:09	214	46:00			
VP4 - Johannisth	5.70	42:39	7:28	41	10:57	253	18:07	24.90	3:03:30	7:22	36	42:55	228	1:03:48			
VP5 - Imbiß "Am	9.50	1:16:48	8:05	45	22:07	276	35:16	34.40	4:20:18	7:34	42	1:05:02	250	1:39:01			
VP6 - Buckow	4.50	44:32	9:53	46	17:58	295	23:56	38.90	5:04:50	7:50	43	1:23:00	263	2:02:57			
Control	7.60	1:04:31	8:29	39	19:44	260	30:29	46.50	6:09:21	7:56	43	1:42:44	264	2:33:26			
VP8 - Osdorfer St	6.30	1:02:25	9:54	46	25:38	296	34:59	52.80	7:11:46	8:10	45	2:07:25	271	3:08:25			
VP9 - Sportplatz	6.50	1:01:56	9:31	32	24:10	203	40:29	59.30	8:13:42	8:19	39	2:25:38	254	3:38:51			
VP10 - Königswe	6.20	56:24	9:05	36	16:12	239	26:59	65.50	9:10:06	8:23	39	2:38:25	253	4:05:50			
VP11 - Gedenkst	6.80	1:03:14	9:17	35	38:55	241	38:55	72.30	10:13:20	8:28	36	2:52:21	249	4:34:58			
VP12 - Brauhaus	6.90	1:06:20	9:36	34	20:42	239	33:13	79.20	11:19:40	8:34	36	3:06:42	248	5:08:11			
VP13 - Revierförs	5.70	55:58	9:49	34	15:19	233	25:55	84.90	12:15:38	8:39	35	3:19:21	247	5:34:06			
VP14 - Schloss S	6.30	59:04	9:22	18	13:46	120	27:37	91.20	13:14:42	8:42	34	3:33:07	236	6:01:43			
VP15 - Pagel & Fi	7.60	1:16:09	10:01	33	25:47	235	38:27	98.80	14:30:51	8:48	34	3:55:02	237	6:40:10			
VP16 - Karolinenl	4.90	56:51	11:36	33	18:53	224	31:16	103.70	15:27:42	8:56	33	4:07:03	232	7:11:26			
VP17 - Falkensee	6.50	1:13:37	11:19	34	27:28	233	41:06	110.20	16:41:19	9:05	34	4:27:52	232	7:52:32			
VP18 - Schönwal	5.80	1:03:22	10:55	33	23:49	220	34:17	116.00	17:44:41	9:10	34	4:49:55	230	8:26:49			
VP19 - Grenzturn	7.30	1:30:56	12:27	32	59:33	227	1:02:50	123.30	19:15:37	9:22	33	5:29:01	228	9:18:58			
VP20 - Rudercluk	4.80	1:20:41	16:48	38	46:06	264	56:21	128.10	20:36:18	9:39	33	6:15:07	230	10:15:19			
VP21 - Frohnau	4.10	53:36	13:04	32	19:54	177	30:57	132.20	21:29:54	9:45	33	6:35:01	225	10:46:16			
VP22 - Naturschu	6.40	1:26:48	13:33	41	38:45	254	53:36	138.60	22:56:42	9:55	33	7:13:46	225	11:39:52			
VP23 - Oranienbu	4.50	56:53	12:38	33	22:49	208	31:56	143.10	23:53:35	10:01	32	7:36:35	222	12:11:48			
VP24 - Laufftreff l	5.30	1:08:39	12:57	38	29:13	235	40:25	148.40	25:02:14	10:07	32	8:04:56	223	12:52:13			
VP25 - Wilhelmsr	5.70	57:11	10:01	19	14:32	134	27:10	154.10	25:59:25	10:07	32	8:19:28	223	13:19:23			
VP26 - Wollankst	3.10	37:24	12:03	34	12:26	209	20:17	157.20	26:36:49	10:09	32	8:31:54	221	13:39:40			
Friedrich-Ludwig	4.20	38:41	9:12	21	11:44	165	18:55	161.90	27:15:30	10:06	32	8:39:58	222	13:57:49			