



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Galloney, Frank

Club: Theodore, AL

Number: 409

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M55 (55-59 Jahre)

Total time: 28:29:44

Speed: 5.65 km/h

Running performance: 10:34 min/km

Rank in course/Total: 287 (of 397)

Rank in course/Men: 231 (of 313)

Best time in course: 13:17:41

Rank in category: 35(of 50)

Best time in the category: 18:35:32

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	1:13:20	8:31	49	23:57	308	29:12	8.60	1:13:20	8:31	49	23:57	308	29:12
VP2 - East Side G	4.80	38:59	8:07	49	14:13	308	17:56	13.40	1:52:19	8:22	49	38:10	308	47:05
VP3 - Dammweg	5.80	53:56	9:17	50	19:23	310	24:44	19.20	2:46:15	8:39	49	57:33	310	1:11:24
VP4 - Johannisth	5.70	50:34	8:52	50	18:52	307	26:02	24.90	3:36:49	8:42	49	1:16:14	309	1:37:07
VP5 - Imbiß "Am	9.50	1:27:28	9:12	50	32:47	308	45:56	34.40	5:04:17	8:50	49	1:49:01	307	2:23:00
VP6 - Buckow	4.50	42:21	9:24	43	15:47	285	21:45	38.90	5:46:38	8:54	49	2:04:48	307	2:44:45
Control	7.60	1:15:04	9:52	49	30:17	305	41:02	46.50	7:01:42	9:04	49	2:35:05	307	3:25:47
VP8 - Osdorfer St	6.30	58:33	9:17	43	21:46	278	31:07	52.80	8:00:15	9:05	49	2:55:54	306	3:56:54
VP9 - Sportplatz	6.50	1:18:53	12:08	43	41:07	285	57:26	59.30	9:19:08	9:25	46	3:31:04	302	4:44:17
VP10 - Königswe	6.20	59:11	9:32	41	18:59	264	29:46	65.50	10:18:19	9:26	45	3:46:38	296	5:14:03
VP11 - Gedenkst	6.80	24:19	3:34	1	-	1	-	72.30	10:42:38	8:53	42	3:21:39	275	5:04:16
VP12 - Brauhaus	6.90	1:54:29	16:35	44	1:08:51	294	1:21:22	79.20	12:37:07	9:33	43	4:24:09	290	6:25:38
VP13 - Revierförs	5.70	57:42	10:07	38	17:03	252	27:39	84.90	13:34:49	9:35	42	4:38:32	285	6:53:17
VP14 - Schloss S	6.30	1:17:15	12:15	33	31:57	224	45:48	91.20	14:52:04	9:46	42	5:10:29	278	7:39:05
VP15 - Pagel & Fi	7.60	1:17:45	10:13	36	27:23	244	40:03	98.80	16:09:49	9:48	42	5:34:00	275	8:19:08
VP16 - Karolinenl	4.90	57:05	11:38	34	19:07	225	31:30	103.70	17:06:54	9:54	38	5:46:15	264	8:50:38
VP17 - Falkensee	6.50	1:13:05	11:14	33	26:56	230	40:34	110.20	18:19:59	9:58	38	6:06:32	261	9:31:12
VP18 - Schönwal	5.80	1:06:26	11:27	34	26:53	226	37:21	116.00	19:26:25	10:03	37	6:31:39	260	10:08:33
VP19 - Grenzturn	7.30	1:43:19	14:09	37	1:11:56	256	1:15:13	123.30	21:09:44	10:17	37	7:23:08	258	11:13:05
VP20 - Rudercluk	4.80	1:05:31	13:38	33	30:56	247	41:11	128.10	22:15:15	10:25	37	7:54:04	257	11:54:16
VP21 - Frohnau	4.10	47:24	11:33	25	13:42	125	24:45	132.20	23:02:39	10:27	37	8:07:46	248	12:19:01
VP22 - Naturschu	6.40	1:08:51	10:45	32	20:48	200	35:39	138.60	24:11:30	10:28	36	8:28:34	245	12:54:40
VP23 - Oranienbu	4.50	56:56	12:39	34	22:52	209	31:59	143.10	25:08:26	10:32	35	8:51:26	240	13:26:39
VP24 - Lauftreff l	5.30	59:57	11:18	31	20:31	197	31:43	148.40	26:08:23	10:34	35	9:11:05	240	13:58:22
VP25 - Wilhelmsr	5.70	1:03:04	11:03	31	20:25	188	33:03	154.10	27:11:27	10:35	35	9:31:30	236	14:31:25
VP26 - Wollankst	3.10	33:18	10:44	20	8:20	139	16:11	157.20	27:44:45	10:35	35	9:39:50	235	14:47:36
Friedrich-Ludwig	4.20	44:59	10:42	35	18:02	226	25:13	161.90	28:29:44	10:33	35	9:54:12	232	15:12:03