



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Gormsen, Mikkel Birch

Club: Puma Denmark

Number: 237

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 17:25:55

Speed: 9.24 km/h

Running performance: 6:28 min/km

Rank in course/Total: 14 (of 397)

Rank in course/Men: 12 (of 313)

Best time in course: 13:17:41

Rank in category: 3(of 38)

Best time in the category: 15:13:41

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	50:22	5:51	3	6:14	29	6:14	8.60	50:22	5:51	3	6:14	29	6:14
VP2 - East Side C	4.80	25:17	5:16	4	4:05	31	4:14	13.40	1:15:39	5:38	3	10:19	30	10:25
VP3 - Dammweg	5.80	33:59	5:51	4	4:10	30	4:47	19.20	1:49:38	5:42	4	14:29	30	14:47
VP4 - Johannisth	5.70	31:29	5:31	4	5:13	28	6:57	24.90	2:21:07	5:40	4	19:42	28	21:25
VP5 - Imbiß "Am	9.50	53:33	5:38	4	9:22	27	12:01	34.40	3:14:40	5:39	4	29:04	26	33:23
VP6 - Buckow	4.50	25:31	5:40	2	3:54	13	4:55	38.90	3:40:11	5:39	4	32:58	25	38:18
Control	7.60	43:57	5:46	5	7:18	26	9:55	46.50	4:24:08	5:40	4	40:16	24	48:13
VP8 - Osdorfer St	6.30	35:51	5:41	2	5:38	15	8:25	52.80	4:59:59	5:40	3	45:54	22	56:38
VP9 - Sportplatz	6.50	39:49	6:07	4	7:37	22	18:22	59.30	5:39:48	5:43	3	53:31	21	1:04:57
VP10 - Königswe	6.20	36:46	5:55	3	4:16	13	7:21	65.50	6:16:34	5:44	3	57:47	17	1:12:18
VP11 - Gedenkst	6.80	43:09	6:20	4	8:03	24	18:50	72.30	6:59:43	5:48	3	1:05:50	16	1:21:21
VP12 - Brauhaus	6.90	44:25	6:26	5	5:51	22	11:18	79.20	7:44:08	5:51	3	1:11:41	17	1:32:39
VP13 - Revierförs	5.70	37:27	6:34	3	5:01	16	7:24	84.90	8:21:35	5:54	3	1:16:42	14	1:40:03
VP14 - Schloss S	6.30	41:31	6:35	3	7:55	14	10:04	91.20	9:03:06	5:57	3	1:24:37	15	1:50:07
VP15 - Pagel & Fi	7.60	49:35	6:31	4	8:16	22	11:53	98.80	9:52:41	5:59	3	1:32:53	14	2:02:00
VP16 - Karolinenl	4.90	31:22	6:24	2	0:29	9	5:47	103.70	10:24:03	6:01	2	1:33:22	12	2:07:47
VP17 - Falkensee	6.50	41:09	6:19	3	3:57	10	8:38	110.20	11:05:12	6:02	3	1:37:19	13	2:16:25
VP18 - Schönwal	5.80	41:10	7:05	4	8:55	23	12:05	116.00	11:46:22	6:05	3	1:45:18	13	2:28:30
VP19 - Grenzturn	7.30	48:49	6:41	2	1:48	13	20:43	123.30	12:35:11	6:07	3	1:43:47	12	2:38:32
VP20 - Rudercluk	4.80	31:33	6:34	3	2:33	11	7:13	128.10	13:06:44	6:08	3	1:46:20	12	2:45:45
VP21 - Frohnau	4.10	29:42	7:14	2	2:08	9	7:03	132.20	13:36:26	6:10	3	1:42:39	12	2:52:48
VP22 - Naturschu	6.40	47:53	7:28	3	11:56	25	14:41	138.60	14:24:19	6:14	3	1:54:11	11	3:07:29
VP23 - Oranienbu	4.50	37:02	8:13	3	8:22	37	12:05	143.10	15:01:21	6:17	3	2:02:33	12	3:19:34
VP24 - Laufftreff l	5.30	44:30	8:23	5	13:19	41	16:16	148.40	15:45:51	6:22	3	2:11:46	13	3:35:50
VP25 - Wilhelmsr	5.70	45:30	7:58	4	9:36	36	15:29	154.10	16:31:21	6:25	3	2:19:11	14	3:51:19
VP26 - Wollankst	3.10	23:00	7:25	2	4:17	20	5:53	157.20	16:54:21	6:27	3	2:06:32	12	3:57:12
Friedrich-Ludwig	4.20	31:34	7:30	9	7:51	76	11:48	161.90	17:25:55	6:27	3	2:12:14	13	4:08:14