



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Bergmann, Heike

Club: LG Nord Berlin Ultrateam

Number: 7

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W55 (55-59 Jahre)

Total time: 21:48:36

Speed: 7.42 km/h

Running performance: 8:05 min/km

Rank in course/Total: 94 (of 397)

Rank in course/Women: 14 (of 84)

Best time in course: 15:29:48

Rank in category: 2(of 15)

Best time in the category: 20:40:53

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Checkpoint	8.60	58:53	6:50	3	4:24	18	9:49	8.60	58:53	6:50	3	4:24	18	9:49
VP2 - East Side G	4.80	29:51	6:13	3	1:56	15	5:04	13.40	1:28:44	6:37	3	6:20	17	14:53
VP3 - Dammweg	5.80	40:30	6:58	3	3:00	21	8:47	19.20	2:09:14	6:43	3	8:09	15	23:40
VP4 - Johannisth	5.70	38:29	6:45	2	3:06	24	8:14	24.90	2:47:43	6:44	2	11:15	18	31:54
VP5 - Imbiß "Am	9.50	1:01:07	6:26	2	0:18	13	9:07	34.40	3:48:50	6:39	2	11:33	15	41:01
VP6 - Buckow	4.50	31:45	7:03	1	-	13	6:23	38.90	4:20:35	6:41	2	10:35	15	47:24
Control	7.60	51:01	6:42	2	0:24	12	8:38	46.50	5:11:36	6:42	2	10:59	15	56:02
VP8 - Osdorfer St	6.30	40:23	6:24	1	-	9	4:56	52.80	5:51:59	6:39	2	8:33	14	1:00:58
VP9 - Sportplatz	6.50	47:55	7:22	2	1:10	10	12:05	59.30	6:39:54	6:44	2	9:43	13	1:13:03
VP10 - Königswe	6.20	43:41	7:02	2	0:37	12	8:57	65.50	7:23:35	6:46	2	10:20	14	1:22:00
VP11 - Gedenkst	6.80	46:44	6:52	1	-	7	8:00	72.30	8:10:19	6:46	2	6:08	11	1:30:00
VP12 - Brauhaus	6.90	50:22	7:17	2	1:46	10	11:07	79.20	9:00:41	6:49	2	7:54	10	1:41:07
VP13 - Revierförs	5.70	45:52	8:02	2	3:16	17	11:59	84.90	9:46:33	6:54	2	11:10	11	1:52:54
VP14 - Schloss S	6.30	47:56	7:36	2	0:33	8	10:56	91.20	10:34:29	6:57	2	11:43	11	2:03:50
VP15 - Pagel & Fi	7.60	58:43	7:43	2	3:23	15	15:09	98.80	11:33:12	7:00	2	15:06	11	2:18:59
VP16 - Karolinenl	4.90	42:26	8:39	1	-	13	13:46	103.70	12:15:38	7:05	2	12:02	12	2:32:45
VP17 - Falkensee	6.50	53:44	8:16	3	2:44	17	16:03	110.20	13:09:22	7:09	2	14:46	12	2:48:48
VP18 - Schönwal	5.80	47:02	8:06	2	1:19	13	13:14	116.00	13:56:24	7:12	2	16:05	13	3:02:02
VP19 - Grenzturn	7.30	1:11:55	9:51	3	9:15	27	27:54	123.30	15:08:19	7:22	2	25:20	14	3:29:56
VP20 - Rudercluk	4.80	42:26	8:50	2	1:06	17	21:15	128.10	15:50:45	7:25	2	22:45	14	3:43:59
VP21 - Frohnau	4.10	42:27	10:21	3	6:04	16	19:09	132.20	16:33:12	7:30	2	28:49	14	4:03:08
VP22 - Naturschu	6.40	1:10:44	11:03	6	14:21	41	32:39	138.60	17:43:56	7:40	2	43:10	14	4:35:47
VP23 - Oranienbu	4.50	1:00:04	13:20	10	17:09	57	31:54	143.10	18:44:00	7:51	2	1:00:19	14	5:07:41
VP24 - Laufftreff l	5.30	1:04:49	12:13	8	16:07	50	31:53	148.40	19:48:49	8:00	2	1:16:26	14	5:39:34
VP25 - Wilhelmsr	5.70	52:17	9:10	1	-	19	16:56	154.10	20:41:06	8:03	2	1:15:58	14	5:56:30
VP26 - Wollankst	3.10	24:55	8:02	1	-	8	5:11	157.20	21:06:01	8:03	2	1:06:46	14	6:01:22
Friedrich-Ludwig	4.20	42:35	10:08	10	8:54	54	17:42	161.90	21:48:36	8:04	2	1:07:43	14	6:18:48