



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Althoff, Kirsten

Club: LG Ultralauf

Number: 134

Course: 161.90 km

100MeilenBerlin

Category:

Seniorinnen W30 (30-34 Jahre)

Total time: 17:49:57

Speed: 9.03 km/h

Running performance: 6:37 min/km

Rank in course/Total: 18 (of 397)

Rank in course/Women: 3 (of 84)

Best time in course: 15:29:48

Rank in category: 2(of 5)

Best time in the category: 16:37:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
VP1 - Checkpoint	8.60	57:50	6:43	2	3:48	10	8:46	8.60	57:50	6:43	2	3:48	10	8:46
VP2 - East Side C	4.80	28:09	5:51	2	1:49	10	3:22	13.40	1:25:59	6:25	2	5:37	11	12:08
VP3 - Dammweg	5.80	37:23	6:26	2	2:25	9	5:40	19.20	2:03:22	6:25	2	8:02	11	17:48
VP4 - Johannisth	5.70	35:55	6:18	2	3:06	11	5:40	24.90	2:39:17	6:23	2	11:08	10	23:28
VP5 - Imbiß "Am	9.50	1:00:04	6:19	2	4:05	7	8:04	34.40	3:39:21	6:22	2	15:13	9	31:32
VP6 - Buckow	4.50	30:02	6:40	2	3:33	8	4:40	38.90	4:09:23	6:24	2	18:46	9	36:12
Control	7.60	49:22	6:29	2	5:42	8	6:59	46.50	4:58:45	6:25	2	24:28	9	43:11
VP8 - Osdorfer St	6.30	37:49	6:00	2	1:41	4	2:22	52.80	5:36:34	6:22	2	26:09	7	45:33
VP9 - Sportplatz	6.50	42:21	6:30	2	4:37	4	6:31	59.30	6:18:55	6:23	2	30:46	6	52:04
VP10 - Königswe	6.20	39:15	6:19	2	2:05	3	4:31	65.50	6:58:10	6:23	2	32:51	6	56:35
VP11 - Gedenkst	6.80	45:56	6:45	2	4:46	5	7:12	72.30	7:44:06	6:25	2	37:37	6	1:03:47
VP12 - Brauhaus	6.90	44:03	6:23	2	3:10	4	4:48	79.20	8:28:09	6:24	2	40:47	4	1:08:35
VP13 - Revierförs	5.70	36:42	6:26	2	2:49	3	2:49	84.90	9:04:51	6:25	2	43:36	4	1:11:12
VP14 - Schloss S	6.30	39:25	6:15	2	0:59	3	2:25	91.20	9:44:16	6:24	2	44:35	3	1:13:37
VP15 - Pagel & Fi	7.60	51:12	6:44	2	6:06	4	7:38	98.80	10:35:28	6:25	2	50:41	3	1:21:15
VP16 - Karolinenl	4.90	32:17	6:35	2	3:01	3	3:37	103.70	11:07:45	6:26	2	53:42	3	1:24:52
VP17 - Falkensee	6.50	42:19	6:30	2	2:22	3	4:38	110.20	11:50:04	6:26	2	56:04	3	1:29:30
VP18 - Schönwal	5.80	37:49	6:31	2	2:43	3	4:01	116.00	12:27:53	6:26	2	58:47	3	1:33:31
VP19 - Grenzturn	7.30	53:59	7:23	2	7:18	5	9:58	123.30	13:21:52	6:30	2	1:06:05	3	1:43:29
VP20 - Rudercluk	4.80	33:08	6:54	2	3:59	5	11:57	128.10	13:55:00	6:31	2	1:10:04	3	1:48:14
VP21 - Frohnau	4.10	30:01	7:19	2	4:18	3	6:43	132.20	14:25:01	6:32	2	1:14:22	3	1:54:57
VP22 - Naturschu	6.40	47:49	7:28	2	6:09	3	9:44	138.60	15:12:50	6:35	2	1:20:31	3	2:04:41
VP23 - Oranienbu	4.50	33:08	7:21	2	1:38	3	4:58	143.10	15:45:58	6:36	2	1:22:09	3	2:09:39
VP24 - Laufftreff l	5.30	38:57	7:20	2	0:56	3	6:01	148.40	16:24:55	6:38	2	1:23:05	3	2:15:40
VP25 - Wilhelmsr	5.70	40:25	7:05	1	-	2	5:04	154.10	17:05:20	6:39	2	1:21:30	3	2:20:44
VP26 - Wollankst	3.10	19:44	6:21	1	-	1	-	157.20	17:25:04	6:38	2	1:17:10	3	2:20:25
Friedrich-Ludwig	4.20	24:53	5:55	1	-	1	-	161.90	17:49:57	6:36	2	1:12:21	3	2:20:09