



100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

Detailed evaluation

Urbaniak, Andreas

Club: LG Mauerweg Berlin e.V.

Number: 88

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M40 (40-44 Jahre)

Total time: 18:53:23

Speed: 8.57 km/h

Running performance: 7:00 min/km

Rank in course/Total: 28 (of 397)

Rank in course/Men: 24 (of 313)

Best time in course: 13:17:41

Rank in category: 4(of 38)

Best time in the category: 15:13:41

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	53:44	6:14	5	9:36	41	9:36	8.60	53:44	6:14	5	9:36	41	9:36
VP2 - East Side G	4.80	24:00	5:00	2	2:48	11	2:57	13.40	1:17:44	5:48	4	12:24	39	12:30
VP3 - Dammweg	5.80	30:37	5:16	2	0:48	11	1:25	19.20	1:48:21	5:38	2	13:12	22	13:30
VP4 - Johannisth	5.70	29:38	5:11	2	3:22	13	5:06	24.90	2:17:59	5:32	2	16:34	20	18:17
VP5 - Imbiß "Am	9.50	50:52	5:21	2	6:41	10	9:20	34.40	3:08:51	5:29	2	23:15	17	27:34
VP6 - Buckow	4.50	25:36	5:41	3	3:59	15	5:00	38.90	3:34:27	5:30	2	27:14	17	32:34
Control	7.60	42:35	5:36	2	5:56	15	8:33	46.50	4:17:02	5:31	2	33:10	17	41:07
VP8 - Osdorfer St	6.30	37:01	5:52	4	6:48	22	9:35	52.80	4:54:03	5:34	2	39:58	17	50:42
VP9 - Sportplatz	6.50	36:46	5:39	2	4:34	11	15:19	59.30	5:30:49	5:34	2	44:32	14	55:58
VP10 - Königswe	6.20	40:30	6:31	6	8:00	37	11:05	65.50	6:11:19	5:40	2	52:32	15	1:07:03
VP11 - Gedenkst	6.80	44:18	6:30	5	9:12	28	19:59	72.30	6:55:37	5:44	2	1:01:44	13	1:17:15
VP12 - Brauhaus	6.90	43:53	6:21	4	5:19	20	10:46	79.20	7:39:30	5:48	2	1:07:03	13	1:28:01
VP13 - Revierförs	5.70	39:05	6:51	4	6:39	27	9:02	84.90	8:18:35	5:52	2	1:13:42	13	1:37:03
VP14 - Schloss S	6.30	43:38	6:55	4	10:02	22	12:11	91.20	9:02:13	5:56	2	1:23:44	14	1:49:14
VP15 - Pagel & Fi	7.60	56:38	7:27	12	15:19	64	18:56	98.80	9:58:51	6:03	4	1:39:03	17	2:08:10
VP16 - Karolinenl	4.90	35:06	7:09	4	4:13	19	9:31	103.70	10:33:57	6:06	4	1:43:16	18	2:17:41
VP17 - Falkensee	6.50	46:18	7:07	5	9:06	28	13:47	110.20	11:20:15	6:10	4	1:52:22	19	2:31:28
VP18 - Schönwal	5.80	45:18	7:48	8	13:03	54	16:13	116.00	12:05:33	6:15	4	2:04:29	19	2:47:41
VP19 - Grenzturn	7.30	59:54	8:12	4	12:53	50	31:48	123.30	13:05:27	6:22	4	2:14:03	21	3:08:48
VP20 - Rudercluk	4.80	35:53	7:28	5	6:53	28	11:33	128.10	13:41:20	6:24	4	2:20:56	21	3:20:21
VP21 - Frohnau	4.10	37:37	9:10	7	10:03	42	14:58	132.20	14:18:57	6:29	4	2:25:10	20	3:35:19
VP22 - Naturschu	6.40	56:02	8:45	13	20:05	92	22:50	138.60	15:14:59	6:36	4	2:44:51	21	3:58:09
VP23 - Oranienbu	4.50	41:19	9:10	7	12:39	66	16:22	143.10	15:56:18	6:40	4	2:57:30	21	4:14:31
VP24 - Laufftreff l	5.30	53:43	10:08	19	22:32	139	25:29	148.40	16:50:01	6:48	4	3:15:56	22	4:40:00
VP25 - Wilhelmsr	5.70	1:00:08	10:32	21	24:14	164	30:07	154.10	17:50:09	6:56	4	3:37:59	25	5:10:07
VP26 - Wollankst	3.10	30:28	9:49	14	11:45	96	13:21	157.20	18:20:37	7:00	4	3:32:48	25	5:23:28
Friedrich-Ludwig	4.20	32:46	7:48	17	9:03	105	13:00	161.90	18:53:23	7:00	4	3:39:42	25	5:35:42