



# 100MeilenBerlin - Berlin Wall Race 100 Miles

Berlin / 12.08.2018

## Detailed evaluation

**Meikstat, Gunnar**

Club: Multisport-LOS e.V.

Number: 137

Course: 161.90 km

100MeilenBerlin

Category:

Senioren M35 (35-39 Jahre)

Total time: 20:33:09

Speed: 7.88 km/h

Running performance: 7:37 min/km

Rank in course/Total: 62 (of 397)

Rank in course/Men: 51 (of 313)

Best time in course: 13:17:41

Rank in category: 5(of 29)

Best time in the category: 17:26:34

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
VP1 - Checkpoint	8.60	50:35	5:52	5	2:27	36	6:27	8.60	50:35	5:52	5	2:27	36	6:27
VP2 - East Side G	4.80	25:56	5:24	5	1:17	41	4:53	13.40	1:16:31	5:42	5	3:44	38	11:17
VP3 - Dammweg	5.80	34:22	5:55	4	1:17	33	5:10	19.20	1:50:53	5:46	5	4:57	37	16:02
VP4 - Johannisth	5.70	31:52	5:35	4	1:27	33	7:20	24.90	2:22:45	5:43	4	6:24	33	23:03
VP5 - Imbiß "Am	9.50	59:33	6:16	7	7:02	67	18:01	34.40	3:22:18	5:52	4	13:20	37	41:01
VP6 - Buckow	4.50	27:17	6:03	5	1:25	34	6:41	38.90	3:49:35	5:54	4	14:45	36	47:42
Control	7.60	44:03	5:47	1	-	28	10:01	46.50	4:33:38	5:53	4	14:38	35	57:43
VP8 - Osdorfer St	6.30	37:49	6:00	4	0:36	34	10:23	52.80	5:11:27	5:53	4	15:00	33	1:08:06
VP9 - Sportplatz	6.50	47:58	7:22	9	26:22	78	26:31	59.30	5:59:25	6:03	5	17:41	36	1:24:34
VP10 - Königswe	6.20	48:12	7:46	16	10:51	145	18:47	65.50	6:47:37	6:13	5	23:13	43	1:43:21
VP11 - Gedenkst	6.80	46:36	6:51	6	5:32	44	22:17	72.30	7:34:13	6:16	5	23:40	44	1:55:51
VP12 - Brauhaus	6.90	44:29	6:26	3	2:37	23	11:22	79.20	8:18:42	6:17	5	22:07	40	2:07:13
VP13 - Revierförs	5.70	40:55	7:10	5	3:36	39	10:52	84.90	8:59:37	6:21	5	25:14	38	2:18:05
VP14 - Schloss S	6.30	57:39	9:09	11	18:27	113	26:12	91.20	9:57:16	6:32	5	43:41	38	2:44:17
VP15 - Pagel & Fi	7.60	1:01:24	8:04	10	12:51	112	23:42	98.80	10:58:40	6:39	2	53:40	39	3:07:59
VP16 - Karolinenl	4.90	37:13	7:35	2	0:56	31	11:38	103.70	11:35:53	6:42	2	54:36	40	3:19:37
VP17 - Falkensee	6.50	1:08:52	10:35	19	24:07	218	36:21	110.20	12:44:45	6:56	5	1:18:43	52	3:55:58
VP18 - Schönwal	5.80	48:46	8:24	9	9:27	84	19:41	116.00	13:33:31	7:00	5	1:26:02	52	4:15:39
VP19 - Grenzturn	7.30	1:04:21	8:48	8	17:47	80	36:15	123.30	14:37:52	7:07	5	1:43:49	49	4:41:13
VP20 - Rudercluk	4.80	42:53	8:56	9	12:03	82	18:33	128.10	15:20:45	7:11	5	1:55:52	50	4:59:46
VP21 - Frohnau	4.10	56:52	13:52	18	29:21	196	34:13	132.20	16:17:37	7:23	5	2:25:13	52	5:33:59
VP22 - Naturschu	6.40	46:59	7:20	4	5:07	22	13:47	138.60	17:04:36	7:23	5	2:30:20	49	5:47:46
VP23 - Oranienbu	4.50	32:45	7:16	1	-	12	7:48	143.10	17:37:21	7:23	5	2:30:11	47	5:55:34
VP24 - Laufftreff l	5.30	49:17	9:17	7	12:12	79	21:03	148.40	18:26:38	7:27	5	2:42:23	47	6:16:37
VP25 - Wilhelmsr	5.70	59:29	10:26	14	21:21	158	29:28	154.10	19:26:07	7:34	5	3:01:47	49	6:46:05
VP26 - Wollankst	3.10	34:36	11:09	11	14:29	164	17:29	157.20	20:00:43	7:38	5	2:58:15	51	7:03:34
Friedrich-Ludwig	4.20	32:26	7:43	11	8:58	100	12:40	161.90	20:33:09	7:37	5	3:06:35	52	7:15:28