



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

MANZKE, Helena

Club: LSV Lok Arnstadt
Number: 58

Course: 1.20 km
Schüler- und Jedermannslauf

Category:
weibliche Kinder W11 (11 Jahre)

Total time: 5:54

Speed: 10.17 km/h
Running performance: 4:55 min/km

Rank in course/Total: 9 (of 100)
Rank in course/Women: 1 (of 46)
Best time in course: 5:54

Rank in category: 1(of 8)
Best time in the category: 5:54