



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

SCHNAUß, Markus

Club: Kath. Laufjugend Arnstadt
Number: 318

Course: 10.00 km
Hauptlauf

Category:
Senioren M40 (40-44 Jahre)

Total time: 43:29

Speed: 13.80 km/h
Running performance: 4:21 min/km

Rank in course/Total: 9 (of 111)

Rank in course/Men: 9 (of 75)

Best time in course: 36:15

Rank in category: 2(of 10)

Best time in the category: 42:53