



40. Alteburglauf
Arnstadt / 04.05.2018

Detailed evaluation

Schramm, Tobias

Club: Run for Fun
Number: 353

Course: 10.00 km
Hauptlauf

Category:
Senioren M45 (45-49 Jahre)

Total time: 43:56

Speed: 13.66 km/h
Running performance: 4:23 min/km

Rank in course/Total: 13 (of 111)

Rank in course/Men: 13 (of 75)

Best time in course: 36:15

Rank in category: 5(of 16)

Best time in the category: 37:04